## **Migration Letters**

Volume: 19, No: S5 (2022), pp. 594-610

ISSN: 1741-8984 (Print) ISSN: 1741-8992 (Online)

www.migrationletters.com

# The Assessment of Doctor's and Nurses' knowledge, Attitudes, and Clinical Practice in Managing the Risk of Adverse Drug Reactions (ADR)

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#### Abstract

Objective: This study aims to explore aspects of pharmacovigilance and adverse drug reaction (ADR) reporting, including knowledge, attitudes, practice, and perceived barriers from a nurse perspective. Methodology: A systematic review was conducted by searching electronic databases such as MEDLINE, Embase Scopus and Web of Knowledge between January 2010 to October 2020. Original observational studies focusing on Nurses' and Doctor's understanding about pharmacovigilance activities in different healthcare settings were included if they written in English language. Results: From the search process carried out during this period we identified twenty-three qualifying studies that met our inclusion criteria. Findings revealed that while as many as 74.1% of nurses had an awareness regarding definitions related to ADRs only one quarter knew how to fill up an adverse drug reaction reporting form accurately. Further analysis showed most (84%) believe it is important for patient/medicine safety but reportage remained low at just over one-fifth because lack education/training barrier which stood around median percentage value amounting close-to half among all surveyed respondents emerged repeatedly across multiple variables studied here - appropriateness expanding such education interventions through enhancing degreelevel courses ought help address these obstacles hampering routine involvement with adequate standardisation measures required ensuring better compliance rates overall especially amongst nursing cohorts globally." Conclusion: Despite favorable attitude towards ADER,

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there exist considerable gaps within obtained results owing various factors contributing them; thus developing requisite skillsets along training programs extending beyond basic clinical guidelines could be beneficial strategies supporting vigilante scientist endeavours geared achieving improved tracking communicate feedback loop susceptible populations exposed drugs monitored systematically enabling timely response prevent cause lasting harm overall health infrastructure systems alike taken cognizant imperative stakeholder interests involved ultimately yielding positive gains everyone aerospace.

**Keywords:** adverse drug reaction, clinical practice.

#### Introduction

The World Health Organization (WHO) defines an adverse drug reaction (ADR) as an unintended and harmful response to a drug, occurring at typical doses for the prevention, diagnosis or treatment of diseases or physiological modification [1]. ADRs continue to pose serious challenges in public health management due to multiple comorbidities, polypharmacy and new drugs entering the market. They are regarded as one of the major causes leading patients towards morbidity and mortality [2-4], accounting for 5%-10% hospital admissions nationwide[5][6] while increasing care costs by up to 20%, causing longer hospital stays by nearly nine percent [7]

PV, or pharmacovigilance, encompasses the science and actions involved in identifying, assessing, comprehending and preventing adverse effects as well as any other potential drug-related concerns [1]. While PV activities encompass various undertakings such as recognizing medication errors misusage/abuse of drugs, harmful interactions between different medicines along with counterfeit/substandard medications. The primary objective still remains reporting ADRs [8], even though PV systems established by many countries after thalidomide catastrophe focused on continuous monitoring of all clinical pharmaceutical products to generate alerts for newly emerging risks. However these frameworks' robustness is dependent solely on reported rates from healthcare providers[10]

Spontaneous ADR reporting serves as a crucial foundation for monitoring the benefit-to-risk ratio of approved medicines during post-marketing. This process helps to uncover any unexpected, severe or unknown adverse drug reactions that may not have surfaced during premarket clinical trials or subsequent supervision efforts and enhances our understanding of potential medication risks [8,12]. Therefore it is an effective mechanism in identifying new rare serious events related to ADRs; however underreporting by healthcare providers remains one significant challenge towards this goal [14]. It has been estimated that only 10% of all suspected cases are reported which reinforces the need for greater awareness among medical practitioners regarding ADR prevention measures[15]

To enhance surveillance culture, it is crucial to educate all healthcare professionals on monitoring patients for drug-related difficulties and reporting any issues encountered. Along with physicians and pharmacists, nurses should take an active role in Pharmacovigilance (PV) activities and Adverse Drug Reaction (ADR) reporting. As they administer the majority of drugs in healthcare settings, nurses have a unique position to monitor patients' medication response while also being instrumental when intervening during ADR incidents. Therefore, integrating ADR reporting as part of their daily work responsibilities is ideal; training programs may be necessary towards achieving this goal successfully. Nurses can significantly improve patient safety by engaging actively in ADR reporting leading to reduced costs associated with treatment complications arising from subsequent medical interventions. However, literature

has shown that involvement among nursing staffs could still stand improvement regarding optimal contributions towards effective implementation of EADRS systems [16-22].

Numerous factors influence the frequency of ADR reporting, including national PV programs, regulations and healthcare providers' knowledge and attitudes [23]. Understanding the practices and perspectives that nurses hold on adverse drug reactions (ADR) is integral in developing strategies to enhance patient safety through improved reporting schemes. Therefore, this systematic review aims at examining reported barriers while identifying Nurses' and Doctor's perceptions towards pharmacovigilance (PV)and their engagement in ADR reports.

#### **Methods**

This review aimed to explore various observational studies related to ADRs [24, 25], and followed the PRISMA guidelines for systematic reviews and meta-analyses [25] in reporting its findings. Furthermore, it was registered with PROSPERO under CRD42020209145 (accessible at https://www.crd.york.ac.uk/prospero/display record.php?ID=CRD4202%200209145)...

The research team identified appropriate search keywords based on relevant literature and conducted a pilot search in general and specialized databases. To retrieve studies about Nurses' and Doctor's knowledge, attitudes, and practice toward PV and ADR reporting, the Boolean search method was used with specific keywords. The online databases of Web of Knowledge, MEDLINE, Embase, and Scopus were searched from January 2010 to October 2020 while cross-references from bibliographies were also examined to improve coverage. Eligibility criteria required observational studies including survey-based cross-sectional or cohort focusing on Nurses' and Doctor's knowledge regarding PV/ADR reporting across various healthcare settings which had been published in peer-reviewed journals; relevance not related to nursing or lacking concentration upon nurse-specific characteristics concerning these areas resulted in exclusion.

During the study selection process, each step of the systematic review as per the search process was carried out independently by three authors: AM, MSM and MM. The authors obtained article titles, abstracts and full texts during their search process which underwent screening. Results were shared via online discussions among them to decide on subsequent steps for conducting a thorough systematic review. In case of disagreements or diverging views about selecting particular studies in this procedure; another author would join these discussions until consensus is attained among all parties involved concerning inclusion criteria pertaining to selected studies in our research analysis project.

used to assess the quality of selected articles' research process and structure was EQUATOR (Enhancing the Quality and Transparency of Health Research) [26].

Table 1: General characteristics of the included studies.

Authors, year	Country	Study design/full-text appraisal score	Study setting	Sampling method	Sample size
Abdel-Latif and Abdel- Wahab [38]	Saudi Arabia	A cross-sectional questionnaire- based study/22 out of 32	9 hospitals	Random sampling	158
Abu Hammour et al. [40]	Jordan	A cross-sectional questionnaire- based study/24 out of 32	One hospital	Convenience sampling	214
Ahmed et al. [42]	Pakistan	A cross-sectional questionnaire- based study/17 out of 32	One hospital	Unclear	25

Al Rabayah et al. [41]	Jordan	A cross-sectional questionnaire- based study/17 out of 32	One cancer center	Unclear	154
AlShammari and Almoslem [39]	Saudi Arabia	A cross-sectional questionnaire- based study/21 out of 32	Nine hospitals	Random sampling	110
Bepari et al. [28]	India	A cross-sectional questionnaire- based study/18 out of 32	One hospital	Convenience sampling	64
Bogolubova et al. [32]	South Africa	A cross-sectional questionnaire- based study/24 out of 32	Six hospitals	Purposive sampling	183
Danekhu et al. [44]	Nepal	A descriptive, cross-sectional questionnaire-based study/26 out of 32	One hospital	Stratified random sampling	126
Dorji et al. [46]	Bhutan	A cross-sectional questionnaire- based study/21 out of 32	Four hospitals	Census sampling	257
Ekman et al. [47]	Sweden	A cross-sectional questionnaire- based study/25 out of 32	Nurses who are members of the Swedish Association of Health Professionals	Random sampling	453
Ergün et al. [35]	Turkey	A cross-sectional questionnaire- based study/16 out of 32	One hospital	Unclear	321
Ganesan et al. [29]	India	A cross-sectional questionnaire- based survey/18 out of 32	One hospital	Unclear	171
Gordhon and Padayachee [33]	South Africa	A cross-sectional questionnaire- based study/23 out of 32	One hospital	Stratified sampling	230
Güner and Ekmekci [36]	Turkey	A cross-sectional questionnaire- based study/20 out of 32	Online survey	Convenience sampling	67
Hanafi et al. [48]	Iran	A cross-sectional questionnaire- based study/22 out of 32	One hospital	Census sampling	224
John et al. [49]	United Arab Emirates	A cross-sectional questionnaire- based study/25 out of 32	One hospital and one research center	Census sampling	91
Rajalakshmi et al. [30]	India	A cross-sectional questionnaire- based study/15 out of 32	One hospital	Unclear	101
Santosh et al. [45]	Nepal	A cross-sectional questionnaire- based study/18 out of 32	Four hospitals	Unclear	135
Shamim et al. [43]	Pakistan	A cross-sectional questionnaire- based study/21 out of 32	Five hospitals and an orthopedics and medical institute	Unclear	69
Shanko and Abdela [50]	Ethiopia	A cross-sectional questionnaire- based study/26 out of 32	One hospital	Purposive sampling	230
Tandon et al. [31]	India	A retrospective observational, prospective cross-sectional study/18 out of 32	One hospital	Quota sampling	100
Terblanche et al. [34]	South Africa	A cross-sectional questionnaire- based study/21 out of 32	One hospital	Convenience sampling	77
Vural et al. [37]	Turkey	A cross-sectional questionnaire- based study/20 out of 32	One hospital	Census sampling	112

Table 2: The search strategy and results of different phases of the study.

Databases from 2010 to 2020	Total in each database	Title selection	Abstract selection	Full-text appraisal
MEDLINE	1702	12	10	7
Scopus	1529	6	3	1
Embase	794	31	14	11
Web of Science	1377	8	5	3
Manual search/backtracking references	223	5	1	1
Total of databases	5625	62	33	23

The cross-sectional study utilized the Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) guidelines and Hawker et al.'s criteria, which considered research purpose, knowledge-based structure, methodology quality and process, conclusions and references [27]. The authors' appraisal tool scores from Table 1 were also taken into consideration. Additionally, their discussion helped make informed decisions regarding each study's importance and methodological quality for deciding whether to include or exclude studies during data analysis and synthesis..

The process of collecting and synthesizing data involved the creation of a table by the authors, which included various details such as author name, publication year, study location/design/sample size/setting. This also encompassed information regarding Nurses' and Doctor's knowledge, attitude and practices towards reporting PV & ADR along with barriers impeding ADR reporting. To ensure that this particular tabulation was effective in enabling gathering appropriate data from chosen studies; a pilot test took place comprising four studies conducted by the team themselves.

In order to simplify examination and comprehension, the proportion of affirmatory and precise replies (with reversed responses as needed) pertaining to nursing professionals' understanding, mindset, and conduct concerning PV and ADR reporting was evaluated. Afterwards, these positive percentages were combined together to calculate a median value with an interquartile range (IQR). Due to discrepancies in demographics surveyed, methodologies employed for analysis purposes, along with diverse findings obtained from different research studies; conducting a meta-analysis was determined not feasible..

#### **Results**

Table 2 displays the outcomes of the database search process. Using predetermined keywords, a total of 5625 articles were obtained. After removing irrelevant and duplicate titles and conducting abstract and full-text reading phase, twenty-three studies were chosen for data analysis and synthesis. The selected articles' methodological quality was evaluated during the full-text appraisal phase, but none was deemed unacceptable based on theoretical conceptual framework or research design criteria that led to exclusion from this study's review selection processes.

Figure 1 depicts the flow chart of the research assembled in compliance with Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines, obtainable at this location.

Table 1 displays the general characteristics of the selected studies (n=23). All publications were written in English and released between 2010 to 2020. The included studies originated from various countries, including four from India [28-31], three each from South Africa [32-34] and

Turkey [35-37], two apiece from Saudi Arabia [38,39], Jordan[40,41], Pakistan[42,43] and Nepal[44 &45]. One study was sourced per Bhutan for this research work.[46]; one publication each came out Sweden,[47] Iran,[48] UAE ,[49]. The notation for Ethiopia is [50].

With the exception of one study utilizing a retrospective observational, prospective cross-sectional approach [31], all studies utilized a questionnaire-based cross-sectional design. The majority of studies (excluding three: 36, 41, and 47) were predominantly conducted in hospital settings with participation from various healthcare professions; limited involvement was observed for nurses in only a few instances [30,37,47-49]. In total across selected studies there were 3672 nurse participants. Evaluation tools commonly assessed knowledge as well as attitudes and practices regarding pharmacovigilance and adverse drug reaction reporting.

The main results of this review have been provided distinctively for Nurses' and Doctor's level of knowledge, attitude, behavior in relation to PV activities and ADR reporting as well as their perceived barriers.

The assessment of Nurses' and Doctor's understanding of PV activities and ADR reporting involved six points: defining PV, defining ADRs, familiarity with ADR reporting, recognition of the form for documenting ADR reports, awareness about the national system on PV and having undergone training related to these topics. However, four studies examined in this analysis did not provide data pertaining to knowledge-based questions [30, 31,41,47].had a median percentage of 34.0% (IQR: 25.3-49.5) in their knowledge and understanding of ADR and PV definitions.

Respectively, 74.1% (with an interquartile range of 55.2-81.2) had certain knowledge about ADR reporting while half of the nurses (50%) demonstrated understanding with an IQR ranging from 44.2 to 82.6; surprisingly only a small percentage of them- merely26 .3%, possessed awareness concerning ADR reporting form and this was found within an IQR bracketing between 16 .6 -54 .6%. Moreover, it transpired that there was significantly low level of familiarity regarding national pharmacovigilance system as just 31 · 6 %(with Arranging from 15 -5to 50 -). Approximately 39 % of these medical personnel appear already trained towards PV and AD Reporting. (IQR Accordingly...: 4;07 -33 - top end equals 32).

(Table 3).

			Table	Numbes / k	nowledge	attitude,ar,	Table Muses' knowledge, attitude, and practice toward pharmacovigilance and ADR reporting.	rdpharmaco	vigilances	ndADRre	porting.				
			3:					Domains							
			Knowledge(%yes)	e(%yes)					Attitude(%yes)	es)			ш.	Practice(%yes)	
Author	PV definition	ADR	Knowledge Awareness Awareness of ADR of the reporting reporting national reporting form PVsystem	Awareness ofADR reporting form	Awareness ofthe national PVsystem	Receiving training aboutPV andADR reporting	ADRreporting ADR importantior reportingisa patient/medicine professional safety commitment	ADR ADR ADR reporting reporting professional is shouldbe commitment necessary mandatory	ADR reporting is necessary	ADR reporting shouldbe mandatory	ADR reporting shouldbe voluntary	Fearof legal liability following ADR reporting	Advising patients on possible ADR	Historyof encountering apatientwith ADR	History ofADR reporting
Abdel-Latif andAbdel-Wahab [38]			99.3		27.2								73.4		
AbuHammour etal.[40]	36.079.050.0	0.050.0					268	74.8				34.6			
Ahmedetal.[42]			60.028.0											72.072.0	
AlShammariand Almoslem[39]					16.0					70.0					21.0
Beparietal.[28]26.6						89.1		4.745.3							
Bogolubova etal.[32]					23.668.081.4	81.4			9.97						21.5
Danekhuetal.[44]46.054.8	.054.8			6.314.3			59.5								
Dorjietal.[46]		55.685.2													
Ekmanetal.[47]															14.0
Ergünetal.[35]60.0					36.0		75.0				91.0			41.021.0	
Ganesanetal.[29]				54.036.05.0	2.0			67.0							25.0
Gordhonand Padayachee[33]			46.4					6:88							
Günerand Ekmekcil 361						22.4							43.3		
Hanafi etal.[48]32.1			34.820.1									37.1			
Johnetal.[49]		83.5			49.5		67.8							82.48.8	
Rajalakshmi et al.[30]							0.09					50.539.673.228.7	13.228.7		
Santoshetal.[45]			80.0		57.8			77.863.0							36.3
Shamimetal.[45]			42.024.610.155.1	0.155.1				68.1						62.366.7	
Shankoand Abdela[50]	21.7			56.552.6				58.2			72.2		63.944.358.2	58.2	
Tandonetal.[31]															4.1
Terblanche etal.[34]						1.3		78.0		83.16.5					8.0
Vuraletal.[37]		74.150.0							70.5						8.0
Median(IQR)	34.0	34.0 74.1 50.0 26.3 31.6 38.7 (25.3.49.5) (55.2.81.2) (44.2) -8.8 (6) (15.5.2.6) (15.5.50.2) (4.0.73.2)	50.0	26.3	31.6	38.7	84.6	71.4 66.7 (60.4-77.9) (49.7-75.0)	66.7	76.5	72.2	37.1	53.6	72.2 37.1 53.6 67.1 (43.4-75.5)	21.2
	(1)	(23.10.23.00)	(11.42-04.00)	(0.10.0.01)	(10.0-0.01)	(T.C.) (T.C.)	(11.1-07.17)	(/://_E:nn)	(17:12:0)		(0.10-0.70)	(0.01-0.00)	(0.1 (-0.01	(CICILLICIA)	(0.0

Table Nurses 'knowledge attitude and practice toward pharmacovigilance and ADR reporting.

			Knowledge(%yes)	(%yes)					Attitude(%yes)	(8)			Ы	Practice(%yes)	
Author	PV definition	PV ADR definition	Knowledge ofADR reporting		Awareness Awareness of ADR of the reporting national form PV system	Receiving training aboutPV andADR reporting	ADRreporting ADR importantior reportingsa patient/medicine professional safety commitment		ADR reporting is necessary	ADR reporting shouldbe mandatory	ADR reporting shouldbe voluntary	Fearof legal liability following ADR reporting	Advising patients c on possible all ADR	Historyof encountering apatientwith ADR	History of ADR reporting
Abdel-Latif andAbdel-Wahab [38]			99.3		27.2								73.4		
AbuHammour etal.[40]	36.079.050.0	0.050					7:68	74.8				34.6			
Ahmedetal.[42]			60.028.0											72.072.0	
AlShammariand Almoslem[39]					16.0					70.0					21.0
Beparietal.[28]26.6						89.1		4.745.3							
Bogolubova etal.[32]					23.668.081.4	81.4			9.92						21.5
Danekhuetal.[44]46.054.8	.054.8			6.314.3			59.5								
Dorjietal.[46]		55.685.2													
Ekmanetal.[47]															14.0
Ergünetal.[35]60.0					36.0		75.0				0.19			41.021.0	
Ganesanetal.[29]				54.036.05.0	15.0			0.79							25.0
Gordhonand Padayachee[33]			46.4					6'88							
Günerand Ekmekci[36]						22.4							43.3		
Hanafi etal.[48]32.1			34.820.1									37.1			
Johnetal.[49]		83.5			49.5		87.9							82.48.8	
Rajalakshmi et al.[30]							0.06					50.539.673.228.7	73.228.7		
Santoshetal.[45]			80.0		57.8			77.863.0							36.3
Shamimetal.[45]			42.024.610.155.1	0.155.1				68.1						62.366.7	
Shankoand Abdela[50]	21.7			56.552.6				58.2			72.2		63.944.358.2	58.2	
Tandonetal.[31]															4.1
Terblanche etal.[34]						1.3		78.0		83.16.5					8.0
Vuraletal.[37]		74.150.0							70.5						8.0
Median(IQR)	34.0	34.0 74.1 50.0 26.3 31.6 38.7 (25.3.4.9.5) (55.2.81.2) (44.23-87.60) (16.6-34.6) (15.5-50.2) (4.0-73.2)	50.0	26.3	31.6	38.7	84.6	71.4 66.7	66.7	76.5	72.2	37.1	53.6	72.2 37.1 53.6 67.1 21.2 (3.9.3-81.6) (35.8-43.8) (40.5-71.0) (43.4-75.5) (8.6-41.7)	21.2

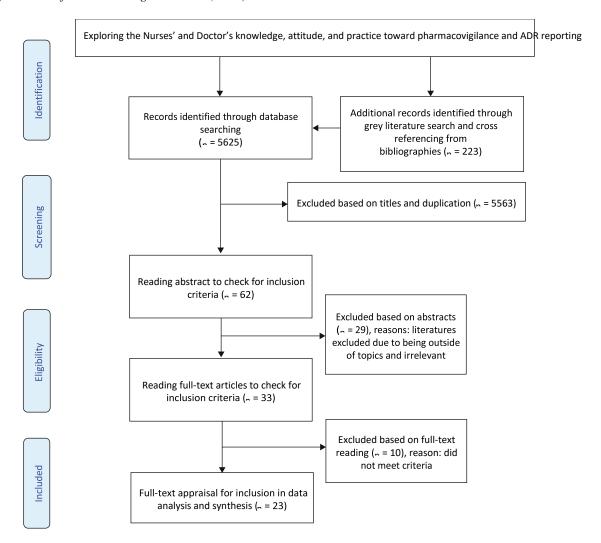


Figure 1: The Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA (available here)).

Assessment of Nurses' and Doctor's Attitudes towards PV Activities and ADR Reporting included six factors: recognition of the importance of ADR reporting for patient safety, commitment to professional responsibility via ADR reporting, acknowledgement that it is necessary to report any adverse reactions caused by medication use, determining whether such reports are mandated or voluntary in nature and assessing legal liabilities which may arise following an instance. Out of 23 studies analyzed within this review process; seven did not provide information on attitude domain items developed therein (31, 36, 38, 41, 42, 46 & 47).

The results showed that a majority of nurses, 84.6% (IQR: 71.1-89.7), recognized the importance of ADR reporting for patient and medicine safety. Additionally, many felt it was a professional obligation with 71.4% (IQR:60.-77-9) seeing it as such and an even larger percentage at 76.5% believing mandatory requirements should be put in place for reporting. As far legal concern stemming from reporting adverse effects were concerned; fear existed amongst only about less than half or 37.1% (IQR:35.B -43.8%) of respondents seen Table3).

The study evaluated the practice of ADR reporting among nurses through three indicators: educating patients about potential adverse reactions, prior experience with an ADR incident while treating a patient, and past participation in ADR reporting. However, information regarding these measures was not provided by six studies included in the review (references

28, 33, 41,44,46 and 48).

A study revealed that 53.6% (IQR: 40.5-71.0) of the nurses provided guidance to patients about potential ADRs, while only a fraction of them - 21.2% (IQR:8 .6-41 .7)- had reported an ADR, despite encountering such instances in clinical practice at a rate of as high as up to 67.1% (IQR: 43.4-75.5)(Refer Table3).

understanding regarding the importance of reporting (42.2%), fear of legal consequences and workload pressure (39.1% each), lack of time (37%) were other commonly reported barriers to ADR Reporting among nurses in the included studies. Similarly, six out of 23 studies provided data on PV barriers faced by nurses [31, 35-38, 41]. The most common barrier was again the lack of knowledge/training (median:52%). Other reasons cited for under-reporting include insufficient understanding about regulations surrounding PV activities(36%), heavy workloads(33%) and a perception that it is not part of their job responsibility.

The next set of barriers to ADR reporting, as shown in Table 4, included patients providing information (42%), limited availability of ADR forms (38.5%), issues regarding confidentiality and legality (34.6%), shortage of time (31.5%) and uncertainty related to diagnosis(29.8%). Other factors were perceived low significance for reporting ADRs by some individuals(25.2%%), lack of motivation or feedback from others(17.%9)and nurses perceiving it not their responsibility report about the adverse effects on drugs.(15..%)

### **Discussion**

PV and ADR reporting are significant health concerns globally, with healthcare professionals' knowledge, attitudes, and practices being influential factors. In this systematic review, Nurses' and Doctor's understanding of PV and ADR reporting was examined alongside their attitudes towards it along with the barriers they face when doing so.

Our review has revealed that Nurses' and Doctor's knowledge regarding PV definition, ADR reporting, awareness of the national PV system and ADR reporting forms is below optimal levels. In fact, only 34% of nurses had appropriate understanding of PV definitions; whereas their awareness on pharmacovigilance systems was limited to just over a quarter (31.6%). Our analysis also demonstrated how lack of knowledge strongly affects adverse drug reaction (ADR) reporting while being one key impediment in its implementation [52]. This scenario resonates with another systematic study undertaken across India where an average percentage of around 55.5% healthcare professionals were totally unaware about this program [53]. Similarly,in Ethiopia-based reviews it emerged that among health workers surveyed there existed suboptimal level for both overall awareness at more than two-fifth (~45%) besides actual familiarity conditions stood as low (~41%) towards Adverse Drug Reaction happening[s] therein[54]. Given these findings,it can be concluded suggesting some pragmatic policy measures need introduction aimed at augmenting nursing staff's comprehensive comprehension vis-a-vis National Pharmacovigilance programs & ADCs filing process etc.,...

Based on our review results, nurses displayed better attitudes than knowledge and practice when it came to reporting adverse drug reactions (ADRs) and pharmacovigilance (PV). Despite 71.4% of nurses recognizing ADR reporting as a professional responsibility, their limited understanding of the crucial role they play in PV activities was identified as one reason for low engagement with ADRs [55]. Additionally, over two-thirds of nursing staff emphasized the importance of safeguarding patient/medicine safety through appropriate ADR reporting measures.

Nurses and resident doctors held similar views on ADR reporting, with almost equal support

for mandatory or voluntary participation. However, studies have shown that relying solely on spontaneous reporting programs can result in low levels of ADR submissions, leading to potential patient harm due to delayed signal detection and underreporting [56][57]. The research conducted by Rehan et al. highlighted the opinion of over half of nurses and resident doctors who believed that PV activities should be made mandatory as a means to enhance patient safety[58]. Another study demonstrated how the absence of such regulations impacted medical staff confidence when clinically encountered with an adverse drug reaction [59], but this is complicated further by subjectivity among healthcare providers regarding accurate identification criteria for an incident requiring submission through obligatory channels. Therefore it may be beneficial to provide clear guidelines highlighting these benefits (such as increasing medication knowledge) alongside making where referral methods compulsory to help facilitate effective communications between clinicians about any associated risks identified during treatment processes.[60]

Our review has shown that although 67.1% of nurses came across patients who experienced ADRs during their clinical practice, only a small percentage (21.2%) reported these occurrences. Various studies have indicated that many nurses are not adequately trained to recognize and report ADRs [16, 61]. These findings align with Bhagavathula et al.'s systematic review which found that the majority (74.5%) of Indian healthcare professionals including nurses do not report any cases of ADRs [53]. Another systematic review discovered poor reporting practices among doctors where just over half (53.6%) inform patients about possible side effects from medication use [62]. Prior research suggests involving patients in monitoring medications as well as promoting patient safety activities is fundamental for increasing hospitalization safety measures[63]. Thusly, raising awareness amongst patients regarding ADR identification and having them become more involved in medication management could improve reporting rates significantly..

One of the primary issues plaguing PV programs is the underreporting of ADRs, as noted by nurse perspectives in this review. The lack of knowledge and training emerged as a crucial barrier that hindered effective reporting of ADRs. This finding aligns with Varallo et al.'s systematic review where inadequate understanding about completing ADR forms was identified as one among several contributing factors for dwindling reports from nurses [64]. Another systematic study further indicated how some Nurses' and Doctor's misconception regarding their limited pharmacology knowledge restrict them from identifying potential cases leading to reduced incidence information captured [55]. Shockingly, only 38.7% reported receiving prior instruction on both PV practices and handling an adverse response case during treatments or medication usage instances; research shows that providing higher education along with requisite training significantly influences greater deployment concerning identifying possible nuclear responses while carrying out therapeutic interventions/medications administration overall [65-68].

Through nursing education programs, in-service training and clinical experience, nurses have the opportunity to gain knowledge on pharmacology. It is suggested that offering degree-level education for these healthcare professionals as well as providing appropriate educational strategies like high-fidelity simulation, problem-based learning, role modeling, reflection and discussion sessions along with interprofessional education may assist in developing necessary competencies and skills linked to reporting adverse drug reactions (ADRs) & maintaining patient safety [references: 69-71].

Numerous studies have indicated that insufficient time [72] and inadequate knowledge regarding the appropriate reporting procedures for suspected adverse drug reactions (ADRs) [73] are widely recognized issues [56]. Furthermore, our study's findings align with evidence indicating that ADR underreporting by healthcare professionals can also be attributed to factors

such as a lack of acknowledgement about the significance of these reports [74], uncertainty surrounding ADR diagnosis[75,76], legal concerns or fears related to consequences associated with reporting an issue[77], challenges in navigating report forms[78], and limited accessibility to necessary documentation regarding suspected side effects which has been further supported via additional research.

Enhancing and adjusting these characteristics within healthcare environments may boost the frequency of ADR reporting.

Strengths and Limitations: Our study stands out as the first to globally evaluate Nurses' and Doctor's knowledge, attitudes, and practice towards PV activities and ADR reporting by analyzing 23 studies. Despite this advantage, we acknowledge certain limitations in our research analysis. We only considered studies that exclusively discussed nurses; hence those involving other healthcare professionals were excluded unless a separate sub-analysis was conducted for nursing staff's views on these topics. Also of significance is the restriction imposed concerning language- including English-only works ultimately narrowed down our sources pool considerably. Nevertheless utilising international search engines with multi-dimensional keywords aided us greatly compiling valuable insights into worldwide perspectives about nurse practitioners' compliance regarding pharmacovigilance practices & adverse drug reaction reports. Furthermore ,to minimize bias during review process intense collaborations within author cohesion comprised close scrutiny& critical considerations allowing reliable outcomes

#### **Conclusion**

This review examined Nurses' and Doctor's knowledge, attitudes, and practice regarding pharmacovigilance (PV) and adverse drug reaction (ADR) reporting. Despite having a positive attitude towards PV and ADR reporting, their competence in these areas was not optimal due to inadequate training. The most prominent obstacle for effective ADR reporting among nurses was the lack of knowledge/training. Given that they play an essential role in PV activities and ADR monitoring, it is crucial to provide them with adequate education at various levels to enhance this competency continuously. To increase the effectiveness of ADR reports from nurses, several interventions can be implemented such as providing access to simplified electronic forms for submitting online reports along with direct motivation through feedback mechanisms or facilitated communication between medical staffs involved so they can work together more effectively on these issues. Further qualitative/quantitative investigations are necessary into how we may engage front-line healthcare providers even more actively when addressing challenges around identifying potential harms resulting from medications.

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