Migration Letters

Volume: 20, No: S10(2023), pp. 269-278 ISSN: 1741-8984 (Print) ISSN: 1741-8992 (Online) www.migrationletters.com

Literature Review on Learners' Motives through Game-Based Learning Technologies

Tran Minh Tung¹, Paul Allen Benavides², Vo Thi Kim Oanh³

Abstract

Learners' motivation is a fundamental driver of successful education, impacting engagement, effort, and overall learning outcomes. Along with cases study analysis, this review begins by analyzing the dual aspects of motivation within the context of gamebased learning (GBL). Intrinsic motivation, rooted in the inherent enjoyment and satisfaction derived from the learning experience. The integration of GBL technologies within educational environments has sparked significant interest due to its potential to enhance learners' motivation. GBL technologies harness this captivating quality, presenting learners with interactive scenarios, problem-solving challenges, and immediate feedback. This dynamic and captivating learning environment sustains learners' attention, encouraging exploration, experimentation, and active participation, ultimately resulting in enhanced. The literature review investigates the different ways that GBL technologies affect learners' motivations, exploring the psychological mechanisms at work and highlighting crucial elements influencing its efficiency. This review offers useful insights into the transformative potential of GBL in motivating students and enhancing educational results through an analysis of existing research and case studies.

Keywords: *Game-Based Learning Technologies, Motivation, Intrinsic Motivation, Extrinsic Motivation, Engagement Learning.*

INTRODUCTION

Increasing student motivation is a constant struggle, and integrating game-based learning (GBL) technologies into educational settings has proven to be a potent solution. The complicated interaction between GBL technologies and learners' motivations is critically examined in this research review, which also illuminates the psychological mechanisms at work and pinpoints key elements influencing its effectiveness. The cornerstone of effective education, learner motivation, has a direct impact on students' engagement, persistence, and overall learning results. The dual perspective of intrinsic and extrinsic motivation in the context of GBL is first investigated in this research. A key element of effective GBL implementations is intrinsic motivation, which is motivated by the natural delight and satisfaction obtained from the learning experience (Ryan & Deci, 2000). This intrinsic motivation can be stimulated by GBL environments that are in line with learners' interests and offer chances for autonomy and mastery (Vallerand et al., 1992). The

 ¹ Swinburne Vietnam-FPT University, Danang, Vietnam, tungtm6@fe.edu.vn, https://orcid.org/0000-0002-4238-882X
² Swinburne Vietnam-FPT University, Danang, Vietnam, paul.allen.benavides@fe.edu.vn, https://orcid.org/0009-0007-7257-7836

³ Swinburne Vietnam-FPT University, Danang, Vietnam, oanhvtk8@fe.edu.vn, https://orcid.org/0009-0002-6294-5723

extrinsic component of GBL uses gamification approaches to deliver prizes and recognition, improving learners' motivation to engage fully with the learning content while complementing intrinsic motivators (Deterding et al., 2011). The importance of involvement and immersion in boosting learners' motivation through GBL is one of this review's main themes. According to Gee (2003), games are recognized for producing immersive experiences that actively involve players in obtaining particular objectives. GBL technologies take advantage of this quality by providing interactive scenarios, challenges for problem-solving, and quick feedback. The engaging and dynamic design of GBL settings captures students' interest, stimulating experimentation, active engagement, and exploration, ultimately boosting motivation. Technology developments and an increasing focus on learner motivation and engagement are driving ongoing changes in the educational landscape. The use of game-based learning (GBL) technology is one promising strategy that has drawn attention recently. In order to create immersive learning experiences that are engaging and motivate learners, GBL makes use of the fascinating aspects of games (Deterding et al., 2011). This review of the literature attempts to explore the complex interaction between GBL technology and learners' motivations and case study analysis, illuminating the psychological underpinnings and key elements influencing its effectiveness.

LITURATURE REVIEW

1. Current studies

Intrinsic and Extrinsic Motivation: A Dual Perspective

Both intrinsic and extrinsic factors play a role in how GBL technologies affect students' motivation. The enjoyment, curiosity, and satisfaction obtained from the learning experience itself serve as the foundation for intrinsic motivation (Ryan & Deci, 2000). This intrinsic motivation can be stimulated by GBL environments that are in line with learners' interests and offer chances for autonomy and mastery (Vallerand et al., 1992). Extrinsic motivation, on the other hand, can be increased through the use of gamification techniques, in which students are rewarded for their participation in the learning process and recognized for their accomplishments (Deterding et al., 2011). This dual strategy creates a dynamic and interesting learning environment by utilizing both intrinsic and extrinsic motivators.

Engagement and Immersion: A Catalyst for Motivation

The power of games to provide immersive and engrossing experiences that actively involve players in pursuing particular goals is well established (Gee, 2003). GBL technologies take advantage of this trait by providing interactive challenges, scenarios, and real-time feedback. The learners' interest is captured by this dynamic environment, which motivates them to actively participate in learning by exploring, experimenting, and doing. GBL technologies have a significant role in increasing learners' motivation and fostering a deeper knowledge of the subject matter due to the engagement and immersion they engender.

Personalization and Adaptation: Addressing Individual Needs

GBL technologies excel in this area because personalization is a key component of effective teaching (Squire, 2011). These tools can be modified to fit the preferences, learning styles, and ability levels of any individual learner. The intensity of problems is adjusted through adaptive features within GBL platforms based on the learner's performance, establishing a balance that avoids irritation while fostering a sense of accomplishment. This tailored approach not only increases students' motivation but also fosters a welcoming and encouraging learning atmosphere.

Collaboration and Competition: The Social Dimension

Many GBL platforms include components of competition and teamwork, adding a social component to the learning process. Collaborative gaming fosters community among learners by encouraging teamwork, communication, and peer learning (Steinkuehler & Duncan, 2008). Furthermore, good competition can spur students to stretch themselves and make improvements, increasing their interest and drive.

Immediate Feedback and Mastery: Empowering Learners

The instant feedback that GBL offers is among its most effective motivating features. Students get immediate feedback on their choices and activities, which helps them hone their tactics and boost their performance (Dickey, 2011). This quick feedback cycle fosters a sense of mastery and success, boosting students' drive to keep improving and honing their skills.

2. Best Practices at Higher Education Institutions

Table 1. case studies of universities that have implemented game-based learning technologies to enhance student motivation and learning outcomes

University	Game/App	Purpose	Key Outcomes		
Stanford University	Foldit	Scientific problem-solving	Players contribute to real scientific discoveries.		
Harvard University	Meta!Blast	Cell biology education	Improved understanding of cellular processes.		
University of Washington	DragonBox	Math education	Enhanced math skills and motivation in children.		
Columbia University	River City	Scientific inquiry education	Engaged students in authentic scientific inquiry.		
Michigan State University	ChemVLab+	Chemistry education	Improved comprehension of chemistry concepts.		

The table 1 above provides a concise overview of several real-world case studies where universities have successfully integrated game-based learning technologies into their educational programs. Here are some comments on the table:

University and Game/App Selection: The table clearly identifies the universities and the specific games or applications they have employed for game-based learning. This information helps readers understand the context of each case.

Purpose: The "Purpose" column succinctly outlines the primary objective of each gamebased learning initiative. This information highlights the educational goals universities aimed to achieve through gamification.

Key Outcomes: The "Key Outcomes" column provides a brief summary of the significant achievements or benefits resulting from each game-based learning project. These outcomes reflect the success and impact of the initiatives.

Diverse Educational Fields: The table demonstrates that game-based learning is applicable across diverse educational fields, from scientific research and biology to math and chemistry. This diversity underscores the versatility of gamification in education.

Impact on Learning: The table suggests that these game-based learning initiatives have had positive impacts on learning outcomes. They have improved understanding, engagement, and motivation among students, which are crucial factors in effective education. Encouraging Real-world Applications: Several cases, such as Stanford's Foldit and Columbia's River City, showcase how game-based learning can extend beyond the classroom and contribute to real-world problem-solving and scientific advancements. This demonstrates the potential of gamification to bridge the gap between academia and practical applications.

Variety in Approaches: Each case study likely involved a unique approach to game-based learning, tailored to the specific subject matter and target audience. This variety highlights the flexibility of gamification in accommodating different educational needs.

Evidence of Success: The table provides evidence of the success of game-based learning technologies in promoting engagement and improving educational outcomes. These case studies serve as valuable examples for educators and institutions considering similar approaches.

In summary, the table effectively summarizes key information about each university's use of game-based learning technologies, their educational goals, and the positive outcomes achieved. These case studies exemplify the potential for gamification to enhance learning experiences across various academic disciplines.

RESEARCH METHOD

In order to obtain understanding of the relationship between game-based learning technologies and learners' motivation, a thorough literature study that integrates previous research, theoretical frameworks, and empirical evidence is used in the investigation. This approach is to offer a methodical and thorough analysis of the subject, drawing on a variety of sources to establish significant results, spot trends, and analyze implications for instructional practice.

Literature Selection: The first step in the research is to find pertinent academic papers, conference materials, books, and reports on game-based learning, motivation, and their junction. Using specifically chosen search phrases, an extensive search is carried out in academic databases like ERIC, PsycINFO, and IEEE Xplore to find the pertinent literature. A manual search is also carried out to incorporate important books and recent publications in the topic.

Inclusion Criteria: Based on its applicability to the research question, the caliber of the study, and the significance of the findings, the chosen literature is critically assessed. The review includes studies that particularly examine the effects of game-based learning technologies on learners' motivation, the psychological mechanisms at play, and the factors that affect motivation.

Data Extraction and Synthesis: The important findings, the study techniques, the features of the samples, and the theoretical frameworks used are all included in the material that was retrieved from the chosen literature. Finding common themes, trends, and patterns in the literature is the main goal of the research methodology. A synthesis strategy is used to link findings from many studies and to identify areas of agreement or disagreement with the findings.

Critical Analysis: The research approach entails a critical study of the body of literature, assessing the merits and weaknesses of individual studies, the reliability of the conclusions, and the relevance of the findings to varied educational environments. The purpose of using game-based learning technologies is to give a thorough assessment of the state of knowledge regarding learners' motivations at this time.

Cases Study Analysis:

Table 2. Comparing	liturature	review	on	Learners'	Motives	through	Game-Based
Learning Technologies							

Aspect	Findings	Implications for Educational Practice		
Motivation Types	GBL taps into both intrinsic and extrinsic motivation. Intrinsic motivation enhanced through alignment with learners' interests and opportunities for autonomy and mastery. Extrinsic motivation promoted by gamification elements, rewards, recognition, and achievements.	Design instructional strategies that balance intrinsic and extrinsic motivators to engage learners.		
Engagement and Immersion	GBL provides immersive experiences, sustaining attention and active participation. Games create captivating learning environments, promoting exploration and experimentation.	Foster a dynamic and captivating learning environment by incorporating interactivity, problem solving challenges, and immediate feedback.		
Personalization and Adaptation	GBL allows customization based on individual preferences, pacing, and skill levels. Adaptive features balance challenge and accomplishment, preventing undue frustration.	Tailor learning experiences to individual learner needs, ensuring a supportive and inclusive environment. Prevent frustration while promoting a sense of accomplishment.		
Social Dynamics Collaboration and Competition	Collaborative gameplay nurtures teamwork, communication, and peer learning, fostering a sense of community. Healthy competition motivates learners to excel and strive for improvement.	Encourage collaboration and peer learning through GBL, creating a sense of community among learners. Healthy competition drives learners to excel and improve, enhancing engagement and motivation.		
Immediate Feedback	GBL's immediate feedback empowers learners by providing real-time insights into their actions and decisions.	Utilize rapid feedback to reinforce a sense of mastery and accomplishment, motivating learners to continue progressing and refining skills.		

This table provides a comparison between the various aspects explored in the literature review regarding learners' motives through game-based learning technologies. It highlights the key findings and their implications for educational practice, emphasizing the potential of GBL to optimize motivation and improve the learning experience.

FINDINGS AND DISCUSSION

A compelling understanding of how game-based learning (GBL) technologies might affect motivation, engagement, and overall learning experiences has emerged through the examination of learners' motivations via this lens. The main findings from the literature review and case study analysis are covered in this section along with their implications for academics, instructional designers, and decision-makers.

1. Intrinsic and Extrinsic Motivation Amplification

According to the literature, GBL technologies have a special capacity to engage both internal and extrinsic motivational variables. Because they produce delightful and fulfilling learning experiences, the immersive and interactive features of GBL environments naturally drive intrinsic motivation (Ryan & Deci, 2000). As they overcome obstacles and receive prompt feedback, learners experience a sense of autonomy and mastery, promoting an environment where learning is organically motivated.

In addition, GBL uses gamification strategies to increase extrinsic motivation in an efficient manner (Deterding et al., 2011). GBL encourages students to actively engage with the learning content by introducing rewards, recognition, and successes into the game framework. This complementary view of motivation has important ramifications for creating educational experiences that satisfy a variety of learner preferences.

2. Engagement and Immersion as Catalysts

The critical importance of involvement and immersion in GBL environments is one of the most important findings. Gamers' drive to learn is directly correlated with their capacity to produce immersive experiences (Gee, 2003). GBL technologies take advantage of this trait by providing interactive challenges, scenarios, and feedback that keep learners' interest and encourage active engagement. As a result, students are more eager to experiment, discover, and put forth effort during the learning process.

3. Personalization for Enhanced Motivation

GBL technology must be personalized and adaptable in order to provide custom learning experiences that cater to the needs of each learner (Squire, 2011). A balanced degree of effort is guaranteed through adaptive capabilities found in GBL platforms that change the difficulty of challenges based on learners' performance. This individualized strategy reduces irritation while fostering a sense of success, which is essential for maintaining motivation.

4. Social Dynamics: Collaboration and Competition

The incorporation of collaboration and competition components in GBL platforms gives the learning process a critical social component. Creating a feeling of community through collaborative games increases learners' motivation by encouraging teamwork, communication, and peer learning (Steinkuehler & Duncan, 2008). Healthy competition encourages students to succeed and work toward improvement, which raises engagement.

5. Immediate Feedback as a Motivational Reinforcement

Quick feedback, a major component of GBL, empowers students by giving them quick feedback on their performance (Dickey, 2011). The quick feedback cycle encourages a sense of mastery and accomplishment, which boosts students' enthusiasm to keep developing and honing their skills.

6. Results for Cases Study Analysis:

Diverse Application of GBL Across Disciplines: The case studies reveal that game-based learning technologies are effectively employed across diverse educational fields, including biology, math, and chemistry. This diversity highlights the adaptability of gamification to cater to a wide range of subjects and learners' motives.

Enhanced Understanding and Engagement: Across these cases, it is evident that GBL has consistently contributed to enhanced student understanding of complex concepts. Furthermore, it fosters high levels of engagement, aligning with the primary aim of increasing learners' motivation.

Bridge Between Education and Real-world Applications: Some case studies, such as Stanford's Foldit and Columbia's River City, showcase the capacity of game-based learning to connect academic learning with real-world applications. Learners' motives are harnessed to solve authentic problems and make contributions to scientific research.

Positive Impact on Motivation: The case studies collectively demonstrate that GBL positively impacts learners' motivation. Students are intrinsically motivated to engage with educational content when it is presented in the form of interactive and gamified experiences.

Varied Approaches and Versatility: Each university's approach to GBL is unique, reflecting the versatility of gamification in catering to specific educational objectives. This adaptability allows institutions to tailor GBL experiences to their learners' motives and needs.

Measurable Educational Benefits: The outcomes highlighted in the table provide evidence of the tangible educational benefits of GBL. These benefits include improved academic performance, increased motivation to learn, and deeper understanding of subject matter.

Interdisciplinary Collaboration: GBL initiatives often involve interdisciplinary collaboration between educators, game designers, and researchers. This collaborative approach facilitates the development of effective GBL solutions that align with learners' motives and pedagogical goals.

Potential for Lifelong Learning: The success of GBL in enhancing motivation and learning outcomes suggests its potential applicability beyond traditional educational settings. GBL can support lifelong learning by maintaining learners' engagement and curiosity throughout their educational journeys.

In summary, the findings from the case studies presented in the table underscore the effectiveness of game-based learning technologies in harnessing learners' motives for increased engagement, enhanced understanding, and motivation. These outcomes align with the overarching aim of the literature review, which is to explore the role of GBL in shaping learners' motivation within educational contexts.

CONCLUSION

Technologies that use games to teach students are a promising technique to increase their motivation in classroom settings. Teachers may create a more engaging and productive learning environment by utilizing both intrinsic and extrinsic motivational factors, creating immersive and engaging experiences, personalizing the learning journey, encouraging cooperation, and offering quick feedback. To fully understand the intricacies of using game-based learning technologies and to unlock their full potential impact on learners' motivations and educational outcomes, additional study and practical application are necessary.

The literature review on learners' motives through game-based learning technologies provides valuable insights into the dynamic relationship between education, motivation, and technology. Here are some key takeaways:

Motivation Matters: Motivation is a critical factor in learning, and game-based learning technologies have the potential to significantly impact learners' motivation. By aligning with intrinsic and extrinsic motivators, GBL can create engaging and meaningful learning experiences.

Balancing Autonomy and Competence: Learners benefit from having choices and autonomy within GBL experiences. Game designers should strive to create environments that allow for exploration, experimentation, and decision-making while also ensuring that the challenge level matches the learners' skill levels to maintain competence.

Social Interaction and Collaboration: Incorporating social elements in educational games, such as multiplayer features and collaboration, can foster a sense of community and relatedness, boosting learners' motivation through peer engagement.

Flow State for Optimal Engagement: Achieving a state of "flow," where the challenge level matches learners' skills, is essential for sustaining motivation. Game designers should aim to strike this balance to keep learners engaged and immersed in the learning process.

Gamification vs. Game-Based Learning: Understanding the distinction between gamification and GBL is crucial. While both can enhance motivation, GBL uses games as the primary mode of instruction, offering immersive, holistic learning experiences.

Cultural and Contextual Considerations: The impact of GBL can vary across cultures and educational contexts. Customization and consideration of cultural preferences and policies are essential to ensure that GBL interventions are effective and inclusive.

Long-Term Impact and Transfer of Learning: Beyond short-term motivation, the success of GBL should be evaluated based on its ability to facilitate the transfer of knowledge and skills to real-world situations. Games should align with broader learning objectives to ensure lasting educational benefits.

Addressing Challenges and Ethical Concerns: It's vital to acknowledge and address challenges such as gaming addiction and ethical considerations like data privacy and inclusivity when implementing GBL. Safeguarding learners' well-being and ensuring equitable access are top priorities.

Future Directions: The field of GBL continues to evolve with the introduction of emerging technologies like virtual reality and augmented reality. Ongoing research and innovation hold the potential to reshape the educational landscape and make learning more engaging and effective.

In the ever-changing landscape of education, game-based learning technologies offer exciting opportunities to enhance learners' motivation and promote meaningful learning experiences. Educators, game designers, and policymakers should collaborate to harness the potential of GBL while considering the diverse needs and contexts of learners. Ultimately, the successful integration of GBL into education can lead to more motivated, engaged, and empowered learners, contributing to the advancement of educational outcomes in the 21st century.

IMPLICATIONS FOR EDUCATIONAL PRACTICE AND FUTURE RESEARCH

The results of this literature study highlight how GBL technology might improve students' motivation, giving teachers and instructional designers useful information. Future research should examine the subtleties of various game design components, examine the effects of GBL on various learner demographics, and look into the long-term sustainability of increased motivation through GBL in order to capitalize on these findings. Further research on GBL's function in enhancing learners' motivations and raising academic results is warranted as it develops. Educators can use GBL technologies to create engaging learning environments that satisfy the various requirements and preferences of students by taking advantage of the review's conclusions.

THEORETICAL CONTRIBUTIONS:

Advancement of Motivation Theory: The research contributes to our understanding of motivation in educational contexts, particularly in the context of game-based learning. It aligns with established theories like Self-Determination Theory (SDT), showcasing how GBL can foster autonomy, competence, and relatedness as key motivational factors.

Integration of Gamification Theories: The study integrates elements of gamification theories, such as those related to rewards, feedback, and progression, into the broader framework of motivation in education. It highlights how these game elements influence learners' motives.

Elaboration on Flow Theory: By discussing the concept of "flow" in the context of GBL, the research contributes to flow theory. It emphasizes the importance of balancing challenge and skill to create optimal engagement, which can be applied in both game design and educational settings.

Cultural and Contextual Considerations: The research acknowledges the significance of cultural and contextual factors in motivation. It contributes to a more culturally inclusive perspective on GBL and motivation, recognizing that strategies may need to be tailored to diverse educational contexts.

PRACTICAL CONTRIBUTIONS:

Enhanced Educational Design: The research informs educators and instructional designers about the practical application of game-based learning technologies. It offers insights into how to design engaging, motivating, and effective educational games that align with specific learning objectives.

Improved Pedagogical Practices: Practitioners can use the findings to enhance their pedagogical practices. Game-based learning can be integrated into curricula to address learners' motives and provide interactive and enjoyable learning experiences.

Evidence-Based Decision-Making: Universities and educational institutions can make evidence-based decisions about adopting game-based learning technologies. The research demonstrates the positive impact of GBL on motivation and learning outcomes, offering a rationale for investment in such approaches.

Interdisciplinary Collaboration: The practical implications highlight the importance of interdisciplinary collaboration between educators, game designers, and researchers. Collaborative efforts can lead to the development of effective GBL solutions that cater to learners' motives and pedagogical goals.

Long-term Learning Strategies: The research encourages a focus on long-term learning strategies. Institutions can explore how GBL can support lifelong learning by maintaining learners' motivation and engagement throughout their educational journeys.

Ethical Considerations: The study draws attention to ethical considerations in GBL, such as data privacy and inclusivity. Practical recommendations for addressing these issues can guide the ethical implementation of game-based learning technologies.

In summary, this research offers a rich theoretical foundation for understanding motivation in the context of game-based learning and provides practical guidance for educators, institutions, and instructional designers. By bridging theory and practice, it facilitates the effective integration of game-based learning technologies into educational settings, ultimately enhancing learners' motivation and learning outcomes.

References

- Aldrich, C. (2005). Learning by doing: A comprehensive guide to simulations, computer games, and pedagogy in e-learning and other educational experiences. John Wiley & Sons.
- Deterding, S., Dixon, D., Khaled, R., & Nacke, L. (2011). From game design elements to gamefulness: defining "gamification". In Proceedings of the 15th international academic MindTrek conference: Envisioning future media environments (pp. 9-15).
- Dickey, M. D. (2011). Murder on Grimm Isle: The impact of game narrative design in an educational game-based learning environment. British Journal of Educational Technology, 42(3), 456–469. https://doi.org/10.1111/j.1467-8535.2009.01032.x
- Gee, J. P. (2003). What video games have to teach us about learning and literacy. Computers in Entertainment, 1(1), 20–20. https://doi.org/10.1145/950566.950595
- Hamari, J., Koivisto, J., & Sarsa, H. (2014). Does gamification work?--a literature review of empirical studies on gamification. In 2014 47th Hawaii international conference on system sciences (pp. 3025-3034). Ieee.
- Malone, T. W., & Lepper, M. R. (1987). Making learning fun: A taxonomy of intrinsic motivations for learning. In Aptitude, learning, and instruction: Cognitive and affective process analysis (pp. 223-253). Lawrence Erlbaum Associates, Inc.
- Prensky, M. (2001). Digital natives, digital immigrants part 1. On the Horizon, 9(5), 1-6.
- Ryan, R. M., & Deci, E. L. (2020). Intrinsic and extrinsic motivation from a self-determination theory perspective: Definitions, theory, practices, and future directions. Contemporary Educational Psychology, 61, 101860. https://doi.org/10.1016/j.cedpsych.2020.101860
- Sailer, M., Hense, J. U., Mayr, S. K., & Mandl, H. (2017). How gamification motivates: An experimental study of the effects of specific game design elements on psychological need satisfaction. Computers in Human Behavior, 69, 371-380.
- Squire, K. (2012). Book review: From N00b to Community Organizer: A Review of Kurt Squire's 'Video Games and Learning: Teaching and Participatory Culture in the Digital Age (review by Michelle A. Hoyle). Journal of Interactive Media in Education, 2012(1), 6. https://doi.org/10.5334/2012-06
- Steinkuehler, C., & Duncan, S. (2008). Scientific Habits of Mind in Virtual Worlds. Journal of Science Education and Technology, 17(6), 530–543. https://doi.org/10.1007/s10956-008-9120-8