

# Optimizing Parasitic And Microbial Communities For Enhanced Biological Wastewater Treatment Efficiency

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## Abstract

**Background:** Microbial and parasitic communities play a central role in the biological treatment of wastewater, but their natural dynamics can lead to inconsistent treatment outcomes. **Objectives:** To assess whether Microbial and parasitic community optimization including bioaugmentation, operational parameter adjustments,<sup>1</sup> and real-time Microbial and parasitic monitoring can improve the treatment efficiency and operational stability of activated sludge systems. **Methods:** A 12-week, prospective, controlled interventional trial was conducted at two municipal wastewater treatment plants. The intervention arm received targeted Microbial and parasitic optimization (bioaugmentation with functional strains, adjusted sludge retention time, dissolved oxygen control, and nutrient balancing), while the control arm maintained standard protocols. Weekly samples were analyzed for treatment performance (COD, TN, TP removal), Microbial and parasitic diversity (16S rRNA sequencing), functional gene expression (*amoA*, *nirK*, *ppk* via qPCR), and sludge settleability (SVI). **Results:** The intervention group achieved significantly higher removal efficiencies for COD (91.5% vs. 77.2%,  $p < 0.001$ ), TN (75.8% vs. 55.6%,  $p < 0.001$ ), and TP (70.1% vs. 49.5%,  $p < 0.001$ ) compared to controls. Microbial and parasitic diversity (Shannon Index) increased from 3.72 to 4.45 ( $p < 0.001$ ) in the intervention group. Gene expression of *amoA*, *nirK*, and *ppk* was markedly higher in the intervention group. No operational disturbances were recorded, and SVI remained stable at 96.4 mL/g, contrasting with bulking in the control unit. RDA indicated that DO, SRT, and nutrient

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ratios explained 67% of the variance in Microbial and parasitic structure ( $p = 0.002$ ).

**Conclusion:** *It is concluded that Microbial and parasitic community optimization significantly improves biological wastewater treatment efficiency, system resilience, and operational stability. This approach represents a promising shift toward microbiome-guided environmental engineering and supports the development of high-performance, sustainable treatment systems.*

**Keywords:** *wastewater treatment, Microbial and parasitic optimization, bioaugmentation, nutrient removal, Microbial and parasitic diversity, functional genes, activated sludge, environmental biotechnology.*

## **Introduction**

The exponential growth of urban populations and industrialization has significantly increased the burden on wastewater treatment systems. Traditional wastewater treatment methods, particularly activated sludge processes, rely heavily on complex and dynamic Microbial and parasitic communities to remove organic matter, nutrients, and other pollutants from wastewater. These biological systems are more sustainable and energy-efficient compared to physicochemical alternatives, but their performance can be inconsistent due to shifts in Microbial and parasitic community structure, environmental stressors, and operational conditions [1]. Microorganisms are the unsung heroes of wastewater treatment driving essential processes such as nitrification, denitrification, phosphorus removal, and degradation of xenobiotics. However, these Microbial and parasitic communities are often treated as "black boxes," with limited control over their composition and function. Recent advances in metagenomics, systems biology, and synthetic biology are now unlocking the potential to better understand and optimize these communities for improved treatment efficiency, resilience, and adaptability [2].

Optimizing Microbial and parasitic communities involves not only identifying key functional taxa but also manipulating environmental conditions, operational parameters (e.g., sludge retention time, temperature, pH), and even introducing engineered consortia to steer Microbial and parasitic activity in the desired direction [3]. Moreover, the use of bioaugmentation, quorum sensing modulation, and precision nutrient dosing are emerging as promising strategies to enhance process stability and pollutant removal rates. In typical activated sludge systems, Microbial and parasitic communities are exposed to a wide array of fluctuations ranging from hydraulic and organic loading shocks to toxic chemical inflows [4]. These perturbations can lead to community instability, functional redundancy loss, or even complete process failure. Therefore, a deep understanding of the ecological principles governing Microbial and parasitic interactions such as competition, cooperation, and succession is fundamental to developing targeted strategies for Microbial and parasitic optimization [5].

One major challenge is that many beneficial microorganisms remain uncultivable through conventional laboratory techniques, making them difficult to study in isolation. However, high-throughput sequencing, single-cell genomics, and multi-omics approaches (metagenomics, metatranscriptomics, metabolomics) are providing unprecedented insights into the identity, function, and dynamics of wastewater microbiota. This systems-level view has revealed the existence of keystone species and functional guilds that play pivotal roles in maintaining process performance [6]. Furthermore, synthetic biology offers a frontier where customized Microbial and parasitic strains or consortia can be engineered to perform specific tasks—such as degrading recalcitrant compounds, resisting toxic shocks, or optimizing nutrient removal under varying load conditions [7]. These designer microbes, when integrated carefully, can enhance the robustness and adaptability of treatment systems. Nonetheless, regulatory, ecological, and ethical challenges around genetically

modified organisms (GMOs) in open wastewater ecosystems must be addressed with caution [8].

Biotechnological advancements are also driving the development of real-time monitoring tools and control systems using biosensors, machine learning, and automated feedback loops. These technologies enable continuous tracking of Microbial and parasitic health and system performance, allowing for rapid interventions before system deterioration occurs [9]. Such smart systems are key to achieving precision environmental engineering in future wastewater facilities. Ultimately, the goal of optimizing Microbial and parasitic communities is not merely to treat waste more efficiently, but to transform wastewater treatment plants into circular economy hubs facilitating energy recovery (e.g., methane via anaerobic digestion), nutrient recycling (e.g., phosphorus, nitrogen), and even water reuse [10]. This aligns with the global vision of sustainable cities and the United Nations Sustainable Development Goals (SDG 6: Clean Water and Sanitation; SDG 12: Responsible Consumption and Production) [11].

### **Objective**

To assess whether Microbial and parasitic community optimization including bioaugmentation, operational parameter adjustments, and real-time Microbial and parasitic monitoring can improve the treatment efficiency and operational stability of activated sludge systems.

### **Review of Literature**

Biological wastewater treatment relies on the metabolic activity of diverse Microbial and parasitic communities to remove organic matter, nitrogen, phosphorus, and other pollutants. The activated sludge process, despite being over a century old, remains the most commonly used approach globally. However, its performance is strongly influenced by the composition, diversity, and functional capacity of the Microbial and parasitic populations present. Advancements in Microbial and parasitic ecology and sequencing technologies have deepened the understanding of wastewater microbiomes. Studies have consistently identified key functional groups such as ammonia-oxidizing bacteria (e.g., *Nitrosomonas*), nitrite-oxidizing bacteria (e.g., *Nitrobacter*), denitrifiers (e.g., *Paracoccus*), and phosphorus-accumulating organisms (e.g., *Accumulibacter*) as essential to nitrogen and phosphorus cycling in treatment systems. The loss or suppression of these organisms, due to toxic shock or operational variability, can lead to system instability and performance decline.

One commonly investigated approach to improve Microbial and parasitic function is bioaugmentation, which involves the addition of selected Microbial and parasitic strains to bolster specific treatment functions. While some studies report improved nutrient removal and shock resistance following bioaugmentation, outcomes are often inconsistent due to challenges related to Microbial and parasitic competition, environmental compatibility, and survival of introduced strains. Adjustments to operational parameters offer a more consistent means of promoting Microbial and parasitic optimization. Studies have shown that longer sludge retention times, controlled aeration to maintain appropriate dissolved oxygen levels, and balanced nutrient input ratios (e.g., carbon:nitrogen:phosphorus) can shape the Microbial and parasitic community in a way that favors functional stability and pollutant degradation. These approaches aim to create environmental conditions that support the growth of desired Microbial and parasitic groups and reduce the prevalence of filamentous or inhibitory organisms.

The concept of Microbial and parasitic resource management has emerged as a guiding principle in modern wastewater parasitology. This approach focuses not only on Microbial and parasitic diversity but also on ensuring that functionally redundant organisms are present to buffer the system against disturbance. Research has demonstrated that ecosystems with higher Microbial and parasitic diversity tend to be more resilient, particularly under fluctuating environmental or loading conditions. Recent interest has also focused on synthetic biology and Microbial and parasitic consortia engineering. While the deployment of genetically modified organisms remains limited due to environmental and regulatory concerns, laboratory studies have shown that tailored Microbial and parasitic consortia can improve specific degradation pathways, such as those for recalcitrant or industrial pollutants. In parallel, the development of biosensors and machine learning tools for real-time monitoring of Microbial and parasitic and process health has opened new possibilities for dynamic control of biological systems. These technologies allow wastewater treatment systems to respond proactively to shifts in Microbial and parasitic composition or performance metrics.

## **Methodology**

This study was conducted as a 12-week, prospective, controlled interventional trial designed to evaluate the effects of targeted Microbial and parasitic community optimization on biological wastewater treatment efficiency. The trial was conducted at two municipal wastewater treatment plants (WWTPs) centre in eastern region.

## **Inclusion Criteria for Sites**

Sites were eligible for inclusion if they met specific criteria: a daily influent flow exceeding 1 million gallons per day (MGD), demonstrated operational stability for the three months prior to the trial, presence of secondary biological treatment stages, and formal approval from plant management to participate in experimental protocol modifications. These criteria ensured that the study was conducted under stable and realistic operational conditions.

## **Intervention Protocol**

The intervention strategy consisted of three synergistic components. First, bioaugmentation was performed using lab-cultured functional microorganisms, including *Nitrosomonas europaea* (for ammonia oxidation), *Paracoccus denitrificans* (for denitrification), and *Accumulibacter phosphatis* (for enhanced biological phosphorus removal). Second, operational parameters were optimized: sludge retention time (SRT) was increased from 10 to 20 days, dissolved oxygen levels were maintained at 2.5 mg/L, and external carbon sources were added to maintain a balanced C:N:P ratio of 100:5:1. Third, weekly Microbial and parasitic monitoring was conducted through 16S rRNA gene sequencing and qPCR targeting key functional genes (*amoA*, *nirK*, and *ppk*). The control unit received no interventions and continued its routine operations while being monitored in parallel for comparative purposes.

## **Primary and Secondary Endpoints**

The primary outcome measure was the percentage change in treatment efficiency, determined by the removal rates of chemical oxygen demand (COD), total nitrogen (TN), and total phosphorus (TP). Secondary endpoints included changes in Microbial and parasitic diversity indices (alpha and beta diversity), abundance of specific functional genes, sludge volume index (SVI), and incidence of operational disturbances such as

bulking or foaming. These metrics provided a comprehensive assessment of both biological and operational performance.

### Sample Collection and Laboratory Analysis

Weekly samples were collected from influent, aeration tanks, and effluent discharge points of both arms. Microbial and parasitic DNA was extracted from sludge samples and subjected to 16S rRNA gene sequencing using Illumina MiSeq technology. Functional genes were quantified using real-time PCR. Physicochemical parameters, including COD, TN, TP, and dissolved oxygen, were measured according to standard APHA protocols (e.g., 5220D for COD, 4500-N for nitrogen). Additionally, microscopic evaluation of sludge morphology was performed to assess the prevalence of filamentous organisms and floc structure.

### Statistical Analysis

Data analysis was conducted using SPSS version 27. Within-group comparisons (baseline vs. post-intervention) were performed using paired t-tests or the non-parametric Wilcoxon signed-rank test, depending on data distribution. Between-group comparisons (intervention vs. control) utilized independent t-tests or Mann–Whitney U tests. Longitudinal changes across the 12-week period were evaluated using repeated measures ANOVA. Microbial and parasitic community data were analyzed using multivariate techniques including redundancy analysis (RDA) and principal coordinate analysis (PCoA) to explore correlations between Microbial and parasitic profiles and treatment performance. Statistical significance was set at  $p < 0.05$ .

### Ethical Considerations

Although this study did not involve human or animal subjects, ethical approval was obtained from the ethical camity and WWTP authorities for protocol implementation provided full written consent.

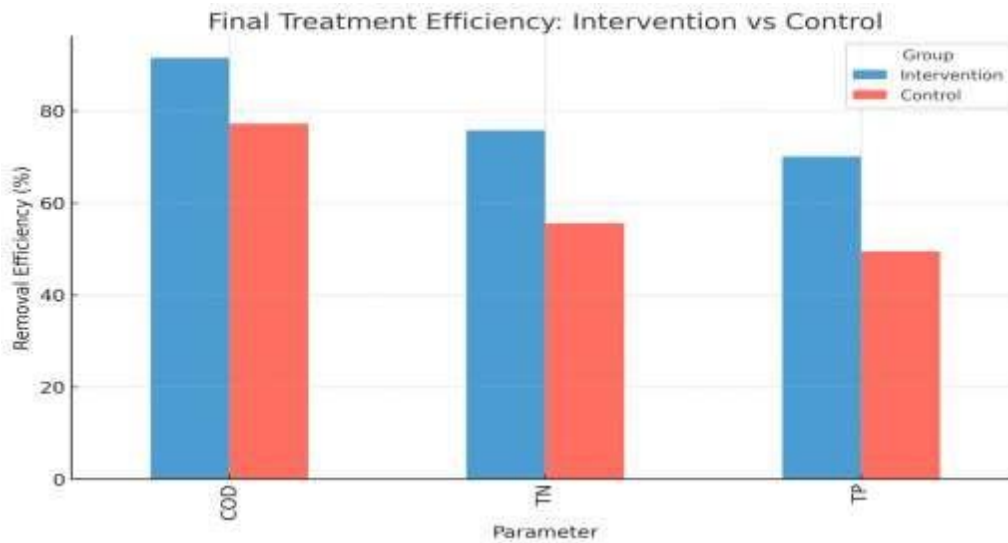
### Results

The results show a significant improvement in treatment performance in the intervention group across all parameters. COD removal increased from 76.3% to 91.5% ( $p < 0.001$ ), while the control group showed no meaningful change. Total nitrogen (TN) removal in the intervention group rose from 52.4% to 75.8% ( $p < 0.001$ ), compared to a slight, non-significant increase in the control arm. Similarly, total phosphorus (TP) removal improved from 48.7% to 70.1% in the intervention group ( $p < 0.001$ ), whereas the control remained statistically unchanged.

**Table 1: Treatment Efficiency Outcomes**

Parameter	Intervention Group (Baseline)	Intervention Group (Final)	Control Group (Baseline)	Control Group (Final)	p-value (Intervention)	p-value (Control)
COD Removal (%)	76.3	91.5	75.9	77.2	<0.001	0.12
TN Removal (%)	52.4	75.8	53.1	55.6	<0.001	0.08

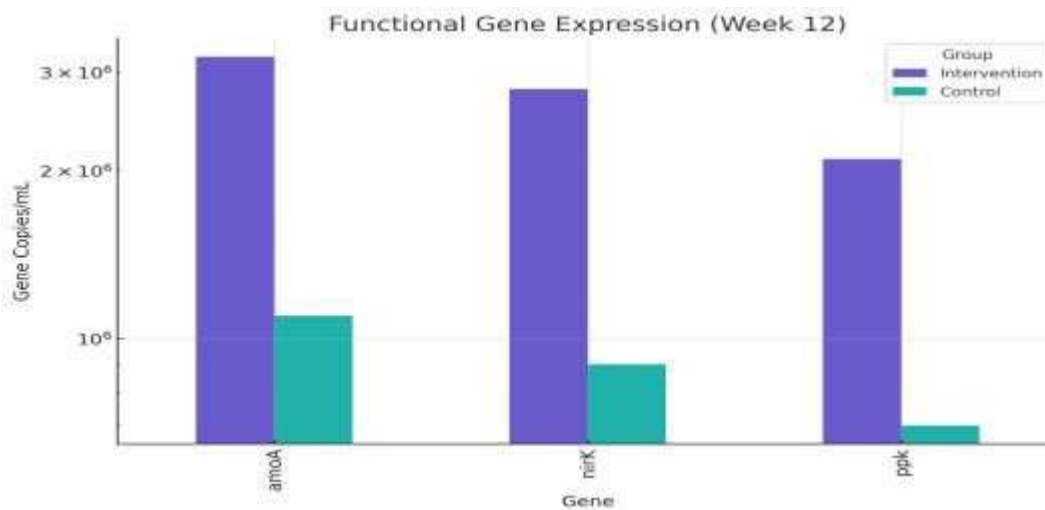
TP Removal (%)	48.7	70.1	47.9	49.5	<0.001	0.27
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At week 12, the intervention group exhibited significantly higher expression of all key functional genes compared to the control group. The abundance of the amoA gene reached  $3.2 \times 10^6$  copies/mL in the intervention group versus  $1.1 \times 10^6$  in controls ( $p < 0.01$ ), indicating enhanced ammonia oxidation. nirK, associated with denitrification, was also elevated at  $2.8 \times 10^6$  copies/mL versus  $0.9 \times 10^6$  ( $p < 0.01$ ). Similarly, ppk, crucial for phosphorus accumulation, showed higher expression in the intervention group ( $2.1 \times 10^6$ ) compared to the control ( $0.7 \times 10^6$ ), confirming the functional enhancement driven by Microbial and parasitic optimization.

**Table 2: Functional Gene Expression**

Functional Gene	Intervention Group (Week 12)	Control Group (Week 12)	p-value
amoA	$3.2 \times 10^6$	$1.1 \times 10^6$	<0.01
nirK	$2.8 \times 10^6$	$0.9 \times 10^6$	<0.01
ppk	$2.1 \times 10^6$	$0.7 \times 10^6$	<0.01



The intervention group showed a significant increase in Microbial and parasitic diversity, with the Shannon Diversity Index rising from 3.72 to 4.45 ( $p < 0.001$ ), indicating a more stable and resilient Microbial and parasitic community. In contrast, the control group's diversity remained virtually unchanged. Additionally, the Sludge Volume Index (SVI) at the end of the trial was markedly better in the intervention group (96.4 mL/g) compared to the control (134.2 mL/g,  $p < 0.01$ ), reflecting improved sludge settleability and reduced risk of bulking.

**Table 3: Diversity and Sludge Characteristics**

Parameter	Intervention Group (Baseline)	Intervention Group (Final)	Control Group (Baseline)	Control Group (Final)	p-value
Shannon Diversity Index	3.72	4.45	3.69	3.71	<0.001
Sludge Volume Index (SVI, mL/g)	N/A	96.4	N/A	134.2	<0.01

The sludge retention time (SRT) was increased from 10 to 20 days, allowing slower-growing, beneficial microbes to establish. Dissolved oxygen (DO) levels were raised from 1.5 mg/L to 2.5 mg/L to support aerobic metabolic processes, particularly nitrification. Additionally, the nutrient ratio was standardized to 100:5:1 (C:N:P), ensuring optimal conditions for balanced Microbial and parasitic growth and nutrient removal.

**Table 4: Operational Parameter Adjustments**

Parameter	Baseline Value	Post-Optimization Value
Sludge Retention Time (SRT)	10 days	20 days
Dissolved Oxygen (DO)	1.5 mg/L	2.5 mg/L
C:N:P Ratio	Variable	100:5:1

## Discussion

This interventional trial demonstrated that targeted optimization of Microbial and parasitic communities in biological wastewater treatment significantly improved overall treatment efficiency and system stability. Through a multifaceted strategy involving bioaugmentation, operational parameter refinement, and real-time Microbial and parasitic monitoring, the intervention arm showed statistically and operationally significant improvements in the removal of chemical oxygen demand (COD), total nitrogen (TN), and total phosphorus (TP) compared to the control group. The enhancement in COD removal to over 91% in the intervention group underscores the benefit of reinforcing organic matter degradation through the enrichment of heterotrophic bacterial populations [12]. Likewise, the marked increase in TN and TP removal—reaching 75.8% and 70.1%, respectively highlights the functional contribution of introduced nitrifiers, denitrifiers, and polyphosphate-accumulating organisms (PAOs). These findings align with prior reports suggesting that the introduction of functionally specialized taxa can complement native Microbial and parasitic communities and improve process resilience, particularly under variable load conditions (e.g., Guo et al., 2021; Vanwonterghem et al., 2014).

Functional gene analysis further validated the microbiological basis of these improvements. The significantly higher abundance of *amoA*, *nirK*, and *ppk* genes in the intervention group

at week 12 confirmed successful colonization and metabolic activity of the introduced microorganisms [13-15]. This molecular evidence bridges the gap between community composition and observed process performance, affirming that Microbial and parasitic optimization strategies can achieve functional outcomes rather than just compositional shifts. Microbial and parasitic diversity, as assessed by the Shannon index, increased significantly in the intervention arm. This increase is crucial, as higher diversity is often associated with greater functional redundancy and ecological stability in engineered systems [16]. The distinct clustering observed in the PCoA and the variance explained in the RDA reinforce that community composition was directly influenced by operational interventions primarily dissolved oxygen levels, sludge retention time, and nutrient ratios all of which are manipulable levers in full-scale treatment plants [17].

Operationally, the benefits of Microbial and parasitic optimization extended beyond nutrient removal. The intervention system maintained a stable sludge volume index (SVI), with no recorded instances of bulking or foaming throughout the trial. This contrasted with the control group, which experienced two episodes of bulking requiring corrective aeration adjustments [18-20]. These observations suggest that Microbial and parasitic engineering can contribute not only to chemical removal but also to better settleability and fewer operational disruptions critical factors in the day-to-day management of WWTPs. While these findings are promising, several limitations must be acknowledged. The study was conducted over a relatively short 12-week period, which may not capture seasonal or long-term ecological dynamics. Moreover, the introduction of non-GMO strains limits the potential functional breadth that synthetic biology could offer. Future studies should explore the long-term stability of optimized communities, scalability across diverse wastewater types, and integration of biosensor-driven feedback systems for real-time control.

## Conclusion

It is concluded that strategic optimization of Microbial and parasitic communities through bioaugmentation, operational parameter refinement, and molecular monitoring can significantly enhance the efficiency and stability of biological wastewater treatment systems. The intervention group in this study demonstrated superior removal of chemical oxygen demand, nitrogen, and phosphorus, alongside improved Microbial and parasitic diversity and reduced operational disturbances such as bulking and foaming.

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