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# The Relationship Of Parental Attitude Towards Girls Education With Their Academic Achievements And Self Efficacy

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## ABSTRACT

The main aim of this study was to investigate the relationship of parental attitude towards girls' education with their academic achievements and self-efficacy. This study used Quantitative survey and correlational research methods. The target papulation was all 1807 10th grade girls' students of all Government Girls Secondary School at Tehsil Takht Bhai during the academic year 2022-2023. Among 1807 students 317 were selected as a sample by simple random sampling (Fish Bowl Method). Already developed standardized Scale for Self-Efficacy of students and Scale for parental attitude towards female education were used for collection of data with the permission of the authors. The Cronbach's alpha for self-efficacy scale was 0.73 and the Cronbach's alpha for parental attitude towards girl's education was 0.72 which were acceptable. The collected data were faded in Statistical Package for Social Sciences (SPSS) software and were analyzed by using frequency, percentage, Mean, Standard deviation and Pearson r. The level of significance was  $s^{1}$  et as 0.05. The results of the study showed that 67.66% parents showed positive attitude towards girls' education. 08% of girls' showed high self-efficacy. Similarly the correlation of attitude of parents and girls academic achievements showed very weak positive correlation and showed no significant correlation with p-value (0.074). The correlation of attitude of parents and girls Self-Efficacy showed moderate positive correlation and showed significant correlation with p-value (0.000). The correlation of girls Self-Efficacy and academic achievements showed very weak positive correlation and showed no significant correlation with p-value (0.304). It is recommended that parents should encourage girls' education which can positively impact girls' academic achievements and reinforce their self-efficacy beliefs.

Keywords: parental attitude, Self-efficacy and Academic achievements.

## Introduction

School life is almost the longest period of time during which people must cope with academic and social concerns at the same time, Due to the fact that education is a system with several internal and external stakeholders who have either a direct or indirect impact on students' learning, taking into account the interactions between students and these stakeholders, it is possible to draw the conclusion that the curriculum, parents, and teachers are the main

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influences on students' lives (Toraman, Aktan, & Korkmaz, 2022). The level of education (preschool, primary, secondary, high school, university, and post-graduate education) at which the students study influences how much and how the interaction with these stakeholders affects the students (Toraman et al., 2022). Numerous research have examined how parents affect their children's growth and education (Đurišić & Bunijevac, 2017). They support the notion that parental participation significantly affects their kids' academic achievement (Bradley, Ferguson, & Zimmer-Gembeck, 2021). Parental participation is a significant factor in students' academic progress and a powerful motivation for school satisfaction, according to several researches (Bailey, 2017). Therefore, rather than pushing their kids to achieve more, parents should try to promote their kids' academic performance and general wellbeing (Toraman et al., 2022). Of course, every parent wants their children to succeed in school, but parents should be aware that their attitude might result in academic stress and anxiety, which could damage their children's enjoyment at school as well as their academic performance (Toldson, 2008).

Through supporting interaction and indirect learning opportunities, the social environment may have an impact on a student's behavior and sense of self-efficacy. Since adolescents live in social systems and interact with their caregivers frequently, parents not only influence their children's self-efficacy growth but also provide observant models that guide students in adjusting their self-efficacy (Bandura, 1997).

The environment can convey pertinent input that is perceived as instructive and boosts intrinsic motivation in the context of one's self-determination. On the other hand, factors in the environment that are perceived as while restrictive, such externally oriented incentive programs, restricting interactions, limits, and inspections, put Students under pressure to accomplish particular goals and reduce intrinsic motivation (Ginsburg & Bronstein, 1993). When adolescents are encouraged and informed how capable they are, they are more likely to put up more effort, have less self-doubt, and persist when faced with difficulties (Hayek, Schneider, Lahoud, Tueni, & de Vries, 2022).

There are a number of reasons behind the low percentage of educated girls. One of the biggest obstacles to females getting an education is the adverse sentiments of parents and the society (Purewal & Hashmi, 2015). The majority of parents view investing on boys' education as an investment and spending on girls' education as a waste of money. They didn't think of girls as the family's primary breadwinners (Naveed, 2018). Education for girls is viewed as having little to no return on investment (Herz & Unicef, 2006). In Asia's rural areas, parents make decisions about their children's education based on what will be best for their families' future financial security as well as what will be best for their children (Mahmud & Amin, 2006) In rural places, the vast majority of parents prejudice against their daughters' educational opportunities (Chingtham & Guite, 2017). In addition, gendered sociocultural norms are a factor in the low percentage of girls in higher education. Girls' access to education is hampered by sociocultural conventions and ideals (Gauthier, 2018). Due to concerns about family honor, the men do not send their daughters to school (Yakubova, 2020).. Girls' access to school is restricted by Purdah's strict application (Awan & Malik, 2020). A barrier to females' education is also the absence of educational facilities (Naveed, 2018). As the situation is favorable the attitudes are expressed in behavior so when the parents think girls education as important for their girls and think that it will play a better role in their life so they will put more efforts in educating them. Therefore, this study explores the relationship of parental attitude towards girls' education with their academic achievements and self-efficacy. Literature review

An ongoing issue in emerging and less developed nations is a gender gap in education. According to statistics from throughout the world, females do not have equal access to opportunity (Psaki, McCarthy, & Mensch, 2018). In the globe, 132 million females are not in

school (Unicef, 2020). A total of 34.2 million of them drop out of elementary school, 30 million girls drop out of middle school, and 67.4 million drop out of high school and further education (Unicef, 2020). Girls make up the world's two-thirds of illiterate people. Of all age categories, Sub-Saharan Africa has the greatest percentage of out-of-school children in developing nations (UNESCO, 2020).

Girls of all age categories in Sub-Saharan Africa experienced greater educational deprivation than their male counterparts (Randall, O'Donnell, & Botha, 2020). The majority of people in the world's poorest nations are still illiterate (Roser & Ortiz-Ospina, 2016). Only 54% of Afghanistan's 3.7 million school-age children finish their elementary education. 51% of Pakistani females under the age of 16 do not attend school (Unicef, 2020). Girls are more likely than males to drop out of school (Yakubova, 2020).

One of the biggest problems that developing and impoverished nations confront is the low percentage of girls enrolled in post-primary education. Girls enroll at a lower rate than males do at the secondary school level (Herz & Unicef, 2006). In many parts of the world, girls do not have access to possibilities for secondary education (Sharma & Parika, 2020). Adults who lack a basic understanding of literacy are prevalent in West Asia, Sub-Saharan Africa, and South Asia. Adult females who lack literacy make up around one-third of the global population (UNESCO, 2020). The majority of developing nations deny women access to education on an equal basis, which negatively affects their ability to play their proper role and make contributions to socioeconomic progress of their societies (John, (2017).

Gender parity at the primary level has made some progress, despite the fact that 66 out of 177 nations still experience gender imbalance in access to basic education (Unicef, 2020). In certain developing nations, gender parity at the elementary and secondary education level has been hailed as one of the biggest accomplishments since 2000. Here were 62 more nations that have gender parity at both the elementary and secondary levels(UNESCO, 2020).

Misconceptions about various cultures are one of the main causes of poor growth. Culture stereotypes impede females from participating fully in school in several parts of the world, including many rural areas of Pakistan (Ullah, 2022). Females in Pakistan do not have equal access to education, particularly in rural regions (Ullah, 2022).

There are differences in males and girls' attendance at school in Pakistan, according to studies. Boys are more likely than girls to attend school—by 20% more. Boys are more likely to attend school regularly than females, at 50% compared to 41% for all enrolled kids (Cyan, Price, Rider, & Roberts, 2017).

There are a number of reasons behind the low percentage of educated girls. One of the main obstacles to females' education is the adverse views of parents and the society (Purewal & Hashmi, 2015). The majority of parents view investing on boys' education as an investment and spending on girls' education as a waste of money. They did not view girls as the family's primary breadwinners (Ullah & Ali, 2018). Investing in females' education has little to no likelihood of paying off (Herz & Unicef, 2006). In Asia's rural areas, parents make decisions about their children's education based on what would be best for their families' future financial security as well as what will be best for their children (Mahmud & Amin, 2006).

The vast majority of parents in rural regions prejudice against their daughters' educational opportunities (Chingtham & Guite, 2017). In addition, gendered sociocultural norms are a factor in the low percentage of girls in higher education. Girls' access to school is hampered by sociocultural norms and values (Gauthier, 2018). Due to family honor, male family members

do not want to send their daughters to school (Yakubova, 2020). Girls' access to school is hampered by the rigorous Purdah application (Awan & Malik, 2020).

In addition, a barrier to females' education is a shortage of educational resources (Ullah, 2022). Due to the absence of secondary schools in the immediate area and the difficulty of transportation to get to a distant school, girls in many countries, including Pakistan, have restricted access to further education (Naveed, 2018). Girls are deterred from continuing their education by absence and a severe shortage of qualified female instructors (Sarker, Wu, & Hossin, 2019). According to Education for All (EFA), education is exclusively offered to male pupils in various African and Asian nations (John, (2017). In addition, impoverished families perceived the expense of children's education as a burden on the family (Chingtham & Guite, 2017).

Many individuals choose not to educate their daughters because they lack the financial means to do so (Yakubova, 2020). It is the same in the case of recently combined districts. Girls' education beyond the elementary level is discouraged in district Bajaur due to a lack of high and secondary schools, transportation, financial means, and a concern for losing family honor (Jamal, 2016). This brief review of the gender and education literature urges us to look at the post-primary education options for females in the newly united districts. The "equality of opportunity in education" and "equity of opportunity in education" discourses have informed this work (Jamal, 2016).

#### Literature review

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#### Hypotheses of the Study

For the achievement of objectives following hypotheses were formulated:

Ho1: There is no significant correlation between parental attitude and girl's academic achievements on parental attitude scale.

Ho2: There is no significant correlation between parental attitude and girls' self-efficacy on self-efficacy scale.

Ho3: There is no significant correlation between self-efficacy and students' academic achievements.

#### **Research methodology**

#### **Population of the Study**

All 1807 10<sup>th</sup> grade girls' students of all Government Girls Secondary School at Tehsil Takht Bhai during the academic year 2022-2023 were constituted the population of the study (EMIS, 2022). Parents of these students were also taken for data collection.

#### **Sample and Sampling Procedure**

By using Online Raosoft sample size Calculator (Raosoft, 2020) the researcher calculated the sample size from the population. At 95% confidence of interval and with 5% chance of error the calculated sample size was founded 317 out of 1807. The researcher selected sample by simple random sampling (Fish Bowl Method). Parents of these students were taken for data collection. As it is a huge task to collect data from parents from such a scattered area, therefore research assistants were taken having a minimum qualification of B.Ed and they were well trained for data collection by the researcher.

#### **Research Instrument**

#### Scale for Students Self-Efficacy (SSSE)

Already developed standardized SGSE (Cheema & Mirza, 2013) was used with the permission of the author. The SGSE is five point Likert scales having options (Strongly Agree) SA, (Agree) A, (Neutral) N, (Disagree) DA and (Strongly Disagree) DA. The SSSE was represented by indicators

- I am able to solve problems of my everyday life,
- I can completely express myself,
- I can play an important role in class discussion
- In case of a difficult science lesson I would like to do something else

#### Pilot testing of Scale for Students Self-Efficacy (SSSE)

For pilot testing 30 subjects were selected. These subjects were not included in the sample. The researcher personally met with the subjects and asked them to fill the questionnaire as well as give suggestions or comments about the structure, face, theme and wording of the instrument. No ambiguity was found in the scale.

#### Validity and Reliability of Scale for Students Self-Efficacy (SSSE)

The questionnaire contained 31 items which were validated by two subject matter experts (Appendix F). No ambiguity was found in the scale. The scale translated by two subject experts into Urdu language to make it more valid (Appendix A). So that it could be easily understandable for subjects. For reliability purpose Cronbach's alpha was find out which was (0.73). This Cronbach's alpha was high which meant that scale was satisfactory.

## Scale for Parental Attitude towards Girls Education (SPAGE)

Already developed standardized SPAGE (Kalam & Lal, 2017) was used with the permission of the author. The SPAGE is five point Likert scales having options (Strongly Agree) SA, (Agree) A, (Neutral) N, (Disagree) DA and (Strongly Disagree) DA. The SPAGE was represented by indicators

- Education makes a girl arrogant
- Investment on girl education is a burden on parents
- Educated girl neglect her responsibilities
- Educated girls become modernized and forget the social values

## Pilot testing of Scale for Parental Attitude towards Girls Education (SPAGE)

For pilot testing 30 subjects were selected. These subjects were not included in the sample. The researcher personally met with the subjects and asked them to fill the questionnaire as well as give suggestions or comments about the structure, face, theme and wording of the instrument No ambiguity was found in the scale.

## Validity and Reliability of Scale for Parental Attitude towards Girls Education (SPAGE)

The questionnaire contained 25 items which were validated by two subject matter experts (Appendix F). No ambiguity was found in the scale. The scale translated by two subject experts into Urdu language to make it more valid (Appendix C). So that it could be easily understandable for subjects. To make it more valid in our own culture it was again pilot tested and Cronbach's alpha was find out which was (0.72). This Cronbach's alpha was high which meant that scale was satisfactory.

## **Data Collection**

The researcher took the formal written approval from the Head Mistress of the Government Girls Secondary School to conduct the study. After the approval, the researcher obtained consent of students to participate in the study. The research assistants were taken by the researcher for data collection due to shortage of time. These research assistants were qualified having B.Ed. degree holders (Appendix E). These research assistants were well trained for two days by the researcher. The researcher and research assistants collected data from students after making a rapport with the students and their fathers. As there were some uneducated parents who cannot read and understand the questionnaire. Therefore, the research assistants helped them by translating the questionnaire in to Pashto language.

## **Data Analysis**

Both descriptive and inferential statistical tests were used to examine the acquired data, which was then entered into the Statistical Package for Social Sciences (SPSS) program. The level of significance was used 0.05. The frequency, percentage, mean, standard deviation, and Pearson r were used to assess the data that had been gathered.

Results

Demographic analysis

Students and parents demographic analysis

Table 4. 1 Demographic information of sample students and parents.

S.NO	Respondents	Frequency	% age	Total %age
1	Girls	300	100	100
2	Parents	300	100	100

The above table shows the frequencies and percentages of sample students and parents.

S.NO	Items	SA	А	N	D	SDA	М	SD
1	Education makes a girl arrogant	141	51	67	20	21	3.90	1.259
	C	(47)	(17.0)	(22.3)	(6.7)	(7.0)		
2	2 Educated girls do not adjust well with in-laws	79	84	64	44	27	3.67	3.122
	aujust well with hi-laws	(26.3)	(28)	(21.3)	(14.7)	(9.0)		
3	Educated girls are poor housewives	49	53	57	71	70	2.80	1.402
		(16.3)	(17.7)	(19)	(23.7)	(23.3)		
4	Educated girls do not look	109	56	56	49	30	3.55	1.381
	after their household duties properly	(36.3)	(18.7)	(18.7)	(16.3)	(10)		
5	U	98	62	42	34	34	3.32	1.544
	education is a burden on parents	(32.7)	(20.7)	(14)	(11.3)	(21.3)		
6	Adolescent girls should	126	59	58	25	32	3.74	1.358
	not be sent to school/college as they are spoilt by it	(42)	(59.7)	(19.3)	(8.3)	(10.7)		
7	Saving money for dowry is	107	71	44	34	43	3.57	1.496
	necessary than the spending on the education of the girl	(35.7)	(23.7)	(14.7)	(11.3)	(14.3)		
8	There is no need to educate	130	69	58	17	26	3.86	1.273
	a girl, as she has to raise a family	(43.3)	(23)	(19.3)	(5.7)	(8.7)		
9	1	207	50	22	10	11	4.44	1.018
	build a strong nation	(69)	(16.7)	(7.3)	(3.3)	(3.7)		
10	Educated girl avoids	51	37	101	67	44	2.94	1.271
	having children for a long time after marriage	(17)	(12.3)	(33.7)	(22.3)	(14.7)		

Table 4. 2 Parents perceptions towards girls' education

11	There are more divorce	78	59	83	40	40	3.31	1.345
	cases among educated girls	(27)	(19.7)	(27.7)	(13.3)	(13.3)		
12	Educated girl neglect her	82	72	84	30	32	3.47	1.281
	responsibilities	(27.3)	(24)	(28)	(10)	(10.7)		
13	It's better for girls to take	92	60	53	34	61	3.29	1.508
	care of the house/siblings than going to school college	(30.7)	(20)	(17.7)	(11.3)	(20.3)		
14	Education leads to overall	128	73	38	35	26	3.80	1.329
	development of personality of the girl	(42.7)	(24.3)	(12.7)	(11.7)	(8.7)		
15	Going school/college is not	101	71	77	22	29	3.64	1.278
	safe for girls	(33.7)	(23.7)	(25.7)	(7.3)	(9.7)		
16	Educated girls become	66	53	65	53	63	3.06	1.574
	modernized and forget the social values	(22)	(17.7)	(21.7)	(17.7)	(21)		
17	Giving education to a girl	212	60	12	7	9	4.53	.912
	means educating a whole family	(70.7)	(20)	(4.0)	(2.3)	(3.0)		
18	Educated women can	215	70	10	4	1	4.78	2,417
	guide her children to lead a better life	(71.7)	(23.3)	(3.3)	(1.3)	(0.3)		
19	Educated girls can	204	77	10	2	7	4.56	.796
	inculcate moral values among their children in a better way	(68)	(25.7)	(3.3)	(0.7)	(2.3)		
20	Educated girls are equally	195	68	23	4	8	4.75	3.631
	competent as boys	(65.7)	(22.7)	(7.7)	(1.3)	(2.7)		
21	For the welfare of the	166	63	38	15	23	4.14	1.184
	society and country, education of girls is one of the important factor	(55.3)	(21)	(12.7)	(5.0)	(7.7)		
22	Girls do not need	109	44	60	64	23	3.50	1.367
	education as they always depend on men	(36.3)	(14.7)	(20)	(21.3)	(7.7)		
23	One should educate both	173	50	37	15	25	4.10	1.282
	boys and girls equally	(57.7)	(16.7)	(12.3)	(5.0)	(8.3)		

24	Primary level education is	87	60	43	50	60	3.21	1.512
	sufficient for girls	(29)	(20)	(14.3)	(16.7)	(20)		
25	Dowry demands are more	68	69	63	37	63	3.14	1.444
	in case of uneducated girls than educated girls	(22.7)	(23)	(21)	(12.3)	(21)		
	Grand Mean and standard of	deviation	scores				3.72	.55452

SA = strongly agree, A=agree, N = Neutral, DA = disagree, SDA= strongly disagree

Upper limit shows the frequency of the respondents.

Lower limit in the parenthesis shows the percentage of the respondents.

The above Table consists of 25 items and each item has five options based on five points Likert scale. The above table shows the frequency, percentage, mean, and standard deviation scores of each item along with grand mean and standard deviation scores respectively. The highest mean score was (4.78) for the item "Educated women can guide her children to lead a better life." Which shows the maximum level of observance among the 25 items. On the other hand the lowest mean score was (2.80) for the item "Educated girls are poor housewives." which shows the lowest level of observance among the 31 items. The Grand mean and standard deviation scores were (3.72) and (0.554) respectively for 31 items related to attitude of parents towards girls education

S.	Items	SA	А	Ν	D	SDA	М	SD
NO								
1	I am able to solve problems	189	104	4	2	1	4.59	.590
	of my everyday life	(63.0)	(34.7)	(1.3)	(0.7)	(0.3)		
2	I can follow my time table of	159	118	10	11	2	4.40	.780
	study	(53.0)	(39.3)	(3.3)	(3.7)	(0.7)		
3	I can find more than one	101	143	32	20	4	4.05	.910
	solutions for the problems I face	(33.7)	(47.7)	(10.7)	(6.7)	(1.3)		
4	I can find connections	88	130	45	21	16	3.84	1.087
	between the things and events occurring around me	(29.3)	(43.3)	(15.0)	(7.0)	(5.3)		
5	I leave the task un attempted	99	52	70	38	41	3.43	1.409
	when it seems to be difficult	(33.0)	(17.3)	(23.3)	(12.7)	(13.7)		
6	In a difficult situation I often	58	61	58	50	73	2.93	1.455
	think, would that I were never here	(19.3)	(20.3)	(19.3)	(16.7)	(24.3)		

#### Table 4. 3 Student's perceptions towards girl's self-efficacy

7	I can completely express myself	173	90	13	10	14	4.32	1.034
	mysen	(57.7)	(30.0)	(4.3)	(3.3)	(4.7)		
8	I can play an important role	161	101	17	16	5	4.32	.924
	in class discussion	(53.7)	(33.7)	(5.7)	(5.3)	(1.7)		
9	If someone disagrees me, I	95	110	31	24	40	3.65	1.351
	can convince him by arguments	(31.7)	(36.7)	(10.3)	(8.0)	(13.3)		
10	If a task becomes too lengthy,	81	70	59	44	46	3.32	1.406
	I wish to leave it	(27.0)	(23.3)	(19.7)	(14.7)	(15.3)		
11	It is better to ask the answer	70	42	33	60	95	2.77	1.580
	from a friend rather than pondering on any difficult task of science	(23.3)	(14)	(11)	(20)	(31.7)		
12	Even after completing a task I	137	113	32	12	6	4.21	.928
	feel room for improvement in it	(45.7)	(37.7)	(10.7)	(4.0)	(2.0)		
13	I can complete only easy	41	84	66	60	49	3.02	1.298
	tasks successfully	(13.7)	(28)	(22)	(20)	(16.3)		
14	I've decided what I've to	166	76	26	7	25	4.17	1.208
	become in life	(55.3)	(25.3)	(8.7)	(2.3)	(8.3)		
15	Mostly my tasks remain	62	59	73	83	23	3.18	1.256
	incomplete	(20.7)	(19.7)	(24.3)	(27.7)	(7.7)		
16	In case of a hurdle I become	43	37	37	80	103	2.45	1.431
	upset very easily	(14.3)	(12.3)	(12.3)	(26.7)	(34.3)		
17	In coming years my studies	52	54	70	72	52	2.94	1.345
	are beyond my competency	(17.3)	(18)	(23.3)	(24.0)	(17.3)		
18	I can understand difficult	127	111	40	13	9	4.11	.995
	concepts of science	(42.3)	(37)	(13.3)	(4.3)	(3.0)		
19	I can solely accomplish any	88	103	49	34	26	3.64	1.252
	task assigned to me	(29.3)	(34.3)	(16.3)	(11.3)	(8.7)		
20	I become upset at the start of	46	50	49	87	68	2.73	1.382
	a new task	(15.3)	(16.7)	(16.3)	(29)	(22.7)		

21	I expect to perform well in	165	101	22	5	7	4.37	.873
	studies in coming years	(55)	(33.7)	(7.3)	(1.7)	(2.3)		
22	I can tell my parents what I	171	72	31	13	13	4.25	1.085
	have learnt new	(57)	(24)	(10.7)	(4.3)	(4.3)		
23	It is difficult for me to	86	58	74	56	26	3.40	1.309
	perform well in science test	(28.7)	(19.3)	(24.7)	(18.7)	(8.7)		
24	I can understand basic	111	98	44	15	32	3.89	2.026
	concepts of science	(37)	(32.7)	(14.7)	(5.0)	(10.7)		
25	If science lesson is too	97	42	71	54	36	3.36	1.401
	difficult, I do not try to comprehend.	(32.3)	(14)	(23.7)	(18)	(12)		
26	In the class I can do good	131	95	31	25	18	3.98	1.190
	academic work	(43.7)	(31.7)	(10.3)	(8.3)	(6.0)		
27	In case of a difficult science	84	37	69	61	49	3.15	1.443
	lesson I would like to do something else	(28)	(12.3)	(23)	(20.3)	(16.3)		
28	I can perform science	101	96	60	19	24	3.77	1.209
	activities after a little guidance	(33.7)	(32)	(20)	(6.3)	(8.0)		
29	It will be difficult for me to	62	76	75	55	32	3.27	1.273
	study science in next grades	(20.7)	(25.3)	(25)	(18.3)	(10.7)		
30	If I am given a task I shall	76	62	72	58	32	3.30	1.323
	make mistakes	(25.3)	(20.7)	(24)	(19.3)	(10.7)		
31	I can work on a target with	154	93	27	10	16	4.19	1.087
	consistency	(51.3)	(31)	(9.0)	(3.3)	(5.3)		
	Grand Mean and standard	3.64	0.47782					

SA = strongly agree, A=agree, N = Neutral, DA = disagree, SDA= strongly disagree

Upper limit shows the frequency of the respondents.

Lower limit in the parenthesis shows the percentage of the respondents.

The above Table consists of 31 items and each item has five options based on five points Likert scale. The above table shows the frequency, percentage, mean, and standard deviation scores of each item along with grand mean and standard deviation scores respectively. The highest mean score was (4.59) for the item "I am able to solve problems of my everyday life." Which shows the maximum level of observance among the 09 items. On the other hand the lowest mean score was (2.45) for the item "In case of a hurdle I become upset very easily." which

shows the lowest level of observance among the 31 items. The Grand mean and standard deviation scores were (3.64) and (0.477) respectively for 31 items related to girls self-efficacy.

Variable	Despondents	N	Negative Attitude	Positive Attitude
v al lable	Respondents	IN	(25 to 85)	(86 to 150
Attitude of	Parents		97	203
Parents	r arents	300	(32.33)	(67.66)

Table 4. 4 Attitude of parents	towards girl's education.
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Upper limit shows the frequency of the respondents.

Lower limit in the parenthesis shows the percentage of the respondents.

There was five point Likert scale in front of each statement SDA= strongly disagree to SA = strongly agree

. As a score of 1 was assigned to SDA= strongly disagree, 2 was assigned to DA = disagree, 3 was assigned to N = Neutral and 4 was assigned to A=agree and 5 was assigned to SA = strongly agree. The minimum score for the variable like Attitude of Parents was 25 and the highest was 150. As a median was required to label the Attitude of Parents as negative and positive. Therefore, the median was taken  $150 \div 2=75$  which was divided into 2 categories in such a way that the parents who took a score of 25 to 85 were labeled as having negative attitude towards girl's education. While the parents who took a score of 86 to 150 were labeled as having positive attitude towards girl's education. Hence it is concluded that 32.33 % of parents showed negative attitude towards girl's education and 67.66% of parents showed positive attitude towards girl's education.

Variable	Respondents	N	Low Self-Efficacy (31 to 83)	Moderate Self- Efficacy (84 to 135)	High Self-Efficacy (136 to 186)
Girls Self- Efficacy			4	272	24
Lineacy	Students	300	(1.33)	(90.66)	(08)

## Table 4. 5 Girls Self-Efficacy

Upper limit shows the frequency of the respondents.

Lower limit in the parenthesis shows the percentage of the respondents.

There was five point Likert scale in front of each statement SDA= strongly disagree to SA = strongly agree

. As a score of 1 was assigned to SDA= strongly disagree, 2 was assigned to DA = disagree, 3 was assigned to N = Neutral and 4 was assigned to A=agree and 5 was assigned to SA = strongly agree. The minimum score for the variable like Girls Self-Efficacy was 31 and the highest was 186. As a cut point was required to label Girls Self-Efficacy as low, moderate and high.

Therefore, the range was taken 186 - 31=155 which was divided into 3 categories in such a way that the girls who took a score of 31 to 85 were labeled as having low self-efficacy. While the girls who took a score of 86 to 135 were labeled as having moderate self-efficacy and the girls who took a score of 136 to 186 were labeled as having high self-efficacy. Hence it is concluded that 1.33% of girls showed low self-efficacy, 90.66% of girls showed moderate self-efficacy, and 08% of girls showed high self-efficacy.

	Attitude of Parents	Girls Academic Achievements	Ν	Р
Attitude of Parents	1	.103	300	.074
Girls Academic Achievements	.103	1	300	.074

### Table 4. 6 Correlation between attitude of parents and girls academic achievements.

P=0.05

Table 1.1 shows the Pearson correlation between attitude of parents and girls academic achievements. The correlation of attitude of parents and girls academic achievements was found (0.103) which shows that there is very weak positive correlation between attitude of parents and girls academic achievements. The p-value was found (0.074) greater than that of level of significance (0.05). Therefore, there is no significant correlation between the attitude of parents and girls academic achievements.

	Attitude of Parents	Girls Self-Efficacy	N	Р
Attitude of Parents	1	.417	300	.000
Girls Self-Efficacy	.417	1	300	
P=0.05				

Table 1.2 shows the Pearson correlation between attitude of parents and girls Self-Efficacy. The correlation of attitude of parents and girls Self-Efficacy was found (0.417) which shows that there is moderate positive correlation between attitude of parents and girls Self-Efficacy. The p-value was found (0.000) less than that of level of significance (0.05). Therefore, there is significant correlation between the attitude of parents and girls Self-Efficacy.

	Girls Self- Efficacy	Girls Academic Achievements	N	Р
Girls Self-Efficacy	1	.060	300	.304
Girls Academic Achievements	.060	1	300	

#### P=0.05

Table 1.3 shows the Pearson correlation between girls Self-Efficacy and girls academic achievements. The correlation of attitude of parents and girls Self-Efficacy was found (0.060) which shows that there is very weak positive correlation between girls' academic achievements and girls Self-Efficacy. The p-value was found (0.304) greater than that of level of significance

(0.05). Therefore, there is no significant relationship between girls Self-Efficacy and girl's academic achievements.

## Conclusions

- 1. The mean score for the attitude of parents towards girls' education was found greater than that of mid-point (3.0) on the five point Likert scale. Therefore, it shows positive attitude of parents towards girls' education.
- 2. The mean score for the perceptions of girls' students towards self-efficacy was found greater than that of mid-point (3.0) on the five point Likert scale. Therefore, girls' students believed that they have positive attitude towards girls' self-efficacy.
- 3. It was concluded that 203 parents showed positive attitude towards girls education which means that 67.66% parents believed that girls education are affected by all the mentioned statements. While 97 parents showed negative attitude towards girls education which means that 32.33% parents believed that girls education are not affected by all the mentioned statements.
- 4. It was concluded that 1.33% of girls means 4 girls showed low self-efficacy, 90.66% of girls' means 272 girls showed moderate self-efficacy, and 08% of girls' means 24 girls showed high self-efficacy.
- 5. The correlation of attitude of parents and girls academic achievements shows that there is very weak positive correlation between attitude of parents and girls academic achievements. The p-value was found (0.074) greater than that of level of significance (0.05). Hence, it is concluded that there is no significant correlation between the attitude of parents and girls academic achievements.
- 6. The correlation of attitude of parents and girls Self-Efficacy shows that there is moderate positive correlation between attitude of parents and girls Self-Efficacy. The p-value was found (0.000) less than that of level of significance (0.05). Hence, it is concluded that there is significant correlation between the attitude of parents and girls Self-Efficacy.
- 7. The correlation of girls Self-Efficacy and girls' academic achievements shows that there is very weak positive correlation between attitude of parents and girls Self-Efficacy. The p-value was found (0.304) greater than that of level of significance (0.05). Hence, it is concluded that there is no significant relationship between girls Self-Efficacy and girl's academic achievements.

## Discussions

In most developing nations, girls' educational attainment continues to lag behind boys', with an estimated 93 million children not in school (80% of whom reside in South Asia or sub-Saharan Africa (Unicef, 2020). Additionally, the percentage of women who attend school is still significantly lower than the percentage of men who do so in the majority of developing nations, with Pakistan having the lowest gender-specific education development index (0.684) in the South Asian region and ranking second-to-last in the World Economic Forum's gender gap index (2013), just behind Yemen.

The status of Pakistan in this worldwide context of gender disparities in education reflects aspects of both insufficient infrastructure to provide girls with an adequate education and social attitudes that place less emphasis on girls' schooling than they do on boys' learning. Cultural beliefs that discourage the promotion of encouraging gender-equitable access to education are directly linked to attitudes against females attending school (Hamid, 1993).

Girls' education represents a broader index of cultural values, considerations of economic returns, notions of family integrity, and gender ideals that, as we will explore, can frequently

lead to ambiguity around the importance of girls being educated and even an unfavorable attitude toward girls' education. Girls' education is not seen by many parents as an empowering choice. Therefore, the availability of educational options is influenced not just by infrastructure and provision, but also by the home context and atmosphere in which choices and expectations for children's education are made. Because parents see their household resources as limited and structurally biased in favor of their boys as inheritors and hence as investments for the family's future, son preference has a direct influence on daughter prejudice (Purewal & Hashmi, 2015). As a result, parents may not always view education as a human right but rather as a discretionary authority they can use to decide whether or not to send their girls to school (Qureshi, 2004).

The right to education fights implicitly involve the action and voice of girls and women. The voices of women and girls reveal a lot about how institutionalized discrimination and exclusion from educational opportunities are practiced. Postcolonial feminism's focus on voice has been defined by attempts to develop a method for researching gender and culture from the standpoint of the "Third World Woman" as a subject - not an object - of scholarship (Suleri, 1992). An underappreciated aspect of our understandings of education is the identification of a Third World girl's voice in the experiences of and fights for the rights to education.

It was concluded that 203 parents showed positive attitude towards girls education which means that 67.66% parents believed that girls education are affected by all the mentioned statements. While 97 parents showed negative attitude towards girls education which means that 32.33% parents believed that girls education are not affected by all the mentioned statements. The assumption that parental participation influences kids' academic progress is also supported by the research. According to research by (Quilliams & Beran, 2009), parents' involvement in the classroom and efforts to encourage learning at home have a positive impact on students' grades. When children's views were taken into account in the same study, those who believed that their parents had favorable attitudes toward education and showed interest in the classroom performed better academically (Quilliams & Beran, 2009).

The correlation of attitude of parents and girls academic achievements shows that there is very weak positive correlation between attitude of parents and girls academic achievements. The p-value was found (0.074) greater than that of level of significance (0.05). Hence, it is concluded that there is no significant correlation between the attitude of parents and girls academic achievements. Research on the connection between parental participation and student motivation for accomplishment has been done less often (Plant & Ryan, 1985), despite the evidence supporting the effects of parental involvement on academic success. In general, studies have found a beneficial relationship between parental participation and kids' attitudes and motivation toward academic accomplishment (Gonzalez-DeHass et al., 2005).

The correlation of attitude of parents and girls Self-Efficacy showed that there is moderate positive correlation between attitude of parents and girls Self-Efficacy. The p-value was found (0.000) less than that of level of significance (0.05). ). Hence, it is concluded that there is significant correlation between the attitude of parents and girls Self-Efficacy. The research studies supports the existence of a relationship between parental involvement and self-efficacy. According to LaRocque et al. (2011), parental support affects children's vocational self-efficacy through each of the four sources of self-efficacy: verbal persuasion, vicarious experience, performance successes, and emotional/physical condition. As "socializers" and "the primary providers of encouragement," parents, for instance, influence how their kids view their own skills and how they feel about their job choices (Thomas, 2000).

The correlation of girls Self-Efficacy and girls' academic achievements shows that there is very weak positive correlation between attitude of parents and girls Self-Efficacy. The p-value was

found (0.304) greater than that of level of significance (0.05). ). Hence, it is concluded that there is no significant relationship between girls Self-Efficacy and girl's academic achievements. Numerous additional elements of professional growth, such as job choice and career decidedness, have been connected to the significance of career self-efficacy (Rumberger, 1995). Additionally, a young person's career self-efficacy is a significant predictor in the process of developing a career over the course of a lifetime. In particular, (Bandura, 1997) contend that early adolescent professional self-efficacy can serve as a strong foundation for one's future career trajectories and can predict one's career success.

## Recommendations

- 1. Parental Awareness: Based on the findings, it is recommended to focus on parental awareness programs aimed at enhancing their understanding of the importance of girls' education. These programs can provide information on the long-term benefits of education, debunk gender stereotypes, and emphasize the role of parental support in fostering academic achievements and self-efficacy.
- 2. Parental Involvement: Encourage strategies to promote parental involvement in their daughters' education. This can include regular communication between parents and teachers, workshops or seminars for parents on how to support their children's learning, and creating opportunities for parents to actively engage in school activities. Increased involvement can positively impact girls' academic achievements and reinforce their self-efficacy beliefs.
- 3. Gender-Neutral Expectations: Encourage parents to set gender-neutral expectations for their daughters' academic performance and career aspirations. By challenging traditional gender roles and stereotypes, parents can create an environment that promotes equal opportunities and encourages girls to pursue diverse educational paths and fields of interest.
- 4. Cultivate Self-Efficacy: Develop interventions or programs targeting the enhancement of girls' self-efficacy beliefs. These can include activities that foster a growth mindset, provide mentorship opportunities, and offer skill-building experiences. By cultivating self-efficacy, girls can develop a sense of confidence, resilience, and motivation to overcome academic challenges and achieve their goals.
- 5. School-Based Support: Collaborate with educational institutions to implement support mechanisms within schools. This can include guidance counseling services, workshops on study skills and time management, and initiatives to address gender biases within the school environment. Providing a supportive and inclusive educational setting can further strengthen the positive influence of parental attitudes on girls' academic achievements and self-efficacy.
- 6. Policy Implications: Advocate for policy changes that promote gender equality in education. This can involve lobbying for policies that address gender disparities in access to education, support girls' empowerment, and provide resources for parental education and involvement. Policy changes can have a broad impact on fostering an enabling environment for girls' education and promoting equitable opportunities.
- 7. Further Research: Based on the findings of this study, there are several areas that need further investigation. Future research can be conducted into the specific mechanisms through which parental attitudes influence girls' academic achievements and self-efficacy. Additionally, exploring the role of cultural factors, socioeconomic status, and other contextual variables can provide a more comprehensive understanding of the relationship between parental attitudes and girls' education outcomes.

8. When the situation is favorable then attitude are expressed in behavior. Therefore attitude of parents towards girls' education should be changed by media campaign, training of parents and PTAs.

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